

Resultater Nøkle vann Rundt 15.10.2016

Sted: Haraløkka, Bøler, Oslo Vær: overskyet 4° C

Arrangør: Bøler IF Friidrett

<http://www.noklevannrundt.no>

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | Plass | Kjønn Plass | Klasse |
|----------|------|--------------------------|-----------------|---------|---------|----------------------------|----------|----------|-------|-------------|--------|
| 9.63km | 465 | Cornelia Maria | Usler | Kvinner | K 12-13 | BÆKKELAGET SK | Finished | 00:44:21 | 19 | | 1 |
| 9.63km | 159 | Henriette Bjørnstøl | Berg | Kvinner | K 12-13 | RUSTAD IL | Finished | 00:45:14 | 24 | | 2 |
| 9.63km | 867 | Ingeborg Roll | Mosland | Kvinner | K 12-13 | RUSTAD IL | Finished | 00:47:11 | 30 | | 3 |
| 9.63km | 876 | Solveig Lie | Støverud | Kvinner | K 12-13 | LØRENSKOG SKIKLUBB | Finished | 00:48:26 | 48 | | 4 |
| 9.63km | 868 | Ane | Hustvedt | Kvinner | K 12-13 | PRIVAT | Finished | 00:52:35 | 109 | | 5 |
| 9.63km | 1515 | Natalie | Deacon | Kvinner | K 12-13 | OPPSAL HÅNDBALL | Finished | 00:56:05 | 155 | | 6 |
| 9.63km | 67 | Lina Eikenes | Hvamstad | Kvinner | K 14-15 | SK VIDAR | Finished | 00:40:57 | 7 | | 1 |
| 9.63km | 432 | Marte | Tangen | Kvinner | K 14-15 | SK VIDAR | Finished | 00:45:43 | 25 | | 2 |
| 9.63km | 324 | Ida Cedervall | Vaagsbø | Kvinner | K 14-15 | RUSTAD IL | Finished | 00:47:20 | 33 | | 3 |
| 9.63km | 1123 | Ingrid Solheim | Undeberget | Kvinner | K 14-15 | RUSTAD IL | Finished | 00:58:08 | 184 | | 4 |
| 9.63km | 488 | Kaia | Eide | Kvinner | K 16-17 | BÆKKELAGET SK | Finished | 00:43:56 | 16 | | 1 |
| 9.63km | 874 | Emilie | Reinholdt | Kvinner | K 16-17 | OPPEGÅRD IL | Finished | 00:48:04 | 42 | | 2 |
| 9.63km | 841 | Mathilde Wessmann | Bogen | Kvinner | K 16-17 | PRIVAT | Finished | 00:49:57 | 63 | | 3 |
| 9.63km | 468 | Judith Ingela Rickertsen | Hole | Kvinner | K 18-19 | BÆKKELAGETS SK - SKIGRUPPA | Finished | 00:44:58 | 20 | | 1 |
| 9.63km | 1140 | Malin | Elvhaug | Kvinner | K 18-19 | BORGEN IL | Finished | 00:59:12 | 202 | | 2 |
| 9.63km | 431 | Stine | Schonhowd | Kvinner | K 20-22 | BRANDBU IF | Finished | 00:45:06 | 22 | | 1 |
| 9.63km | 828 | Hanne | Jonhaugen | Kvinner | K 20-22 | HANDELSHØYSKOLEN BI | Finished | 00:51:27 | 86 | | 2 |
| 9.63km | 374 | Oda Alette Kjellsbøl | Hole | Kvinner | K 20-22 | PRIVAT | Finished | 00:53:24 | 120 | | 3 |
| 9.63km | 1193 | Ida-Elise | Ødegård | Kvinner | K 20-22 | PRIVAT | Finished | 01:00:46 | 216 | | 4 |
| 9.63km | 24 | Heidi Dietrichson | Pharo | Kvinner | K 23-34 | BØLER IF FRIIDRETT | Finished | 00:36:58 | 1 | | 1 |
| 9.63km | 227 | Marit | Vala | Kvinner | K 23-34 | RUSTAD IL | Finished | 00:40:44 | 6 | | 2 |
| 9.63km | 205 | Berit | Gjelten | Kvinner | K 23-34 | VESTBYEN IL | Finished | 00:41:19 | 8 | | 3 |
| 9.63km | 508 | Julie | Dahl Benum | Kvinner | K 23-34 | BOSTON CONSULTING GROUP | Finished | 00:41:42 | 9 | | 4 |
| 9.63km | 182 | Petra | Jacoby | Kvinner | K 23-34 | PRIVAT | Finished | 00:43:18 | 13 | | 5 |
| 9.63km | 72 | Sigrun | Gjølberg | Kvinner | K 23-34 | ÅS IL | Finished | 00:43:24 | 14 | | 6 |
| 9.63km | 184 | Hilde | Visthoff Drange | Kvinner | K 23-34 | VISMA CONSULTING | Finished | 00:43:27 | 15 | | 7 |
| 9.63km | 127 | Pia Helene | Paulsen | Kvinner | K 23-34 | RUSTAD IL | Finished | 00:44:15 | 17 | | 8 |
| 9.63km | 115 | Marte | Kjøren | Kvinner | K 23-34 | FIK ORION | Finished | 00:45:07 | 23 | | 9 |
| 9.63km | 464 | Elisabeth | Åmot | Kvinner | K 23-34 | PRIVAT | Finished | 00:46:24 | 27 | | 10 |
| 9.63km | 784 | Abelone | Lyng | Kvinner | K 23-34 | PRIVAT | Finished | 00:47:34 | 34 | | 11 |
| 9.63km | 413 | Hanne | Oustad | Kvinner | K 23-34 | VISMA CONSULTING | Finished | 00:47:52 | 37 | | 12 |
| 9.63km | 1229 | Line Johanne Strætkvern | Pedersen | Kvinner | K 23-34 | PRIVAT | Finished | 00:48:02 | 41 | | 14 |
| 9.63km | 1146 | Ida Håøy | Grue | Kvinner | K 23-34 | RUSTAD IL | Finished | 00:48:16 | 44 | | 13 |
| 9.63km | 913 | Cecilie | L'orsa Tveit | Kvinner | K 23-34 | | Finished | 00:48:20 | 46 | | 16 |
| 9.63km | 765 | Karoline | Morthen | Kvinner | K 23-34 | PRIVAT | Finished | 00:48:24 | 47 | | 15 |
| 9.63km | 347 | Sofie-Karoline | Nordstrand | Kvinner | K 23-34 | PRIVAT | Finished | 00:48:30 | 52 | | 17 |
| 9.63km | 903 | Johanne | Kjøllesdal | Kvinner | K 23-34 | TRASOPGRENDA | Finished | 00:49:09 | 57 | | 18 |
| 9.63km | 422 | Inger Anita | Tollehaug | Kvinner | K 23-34 | IF EIKER KVIKK | Finished | 00:49:41 | 62 | | 19 |
| 9.63km | 792 | Ingrid Martine | Håpnes | Kvinner | K 23-34 | PRIVAT | Finished | 00:50:25 | 68 | | 20 |
| 9.63km | 896 | Live Thorsen | Næss | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:00 | 75 | | 21 |
| 9.63km | 756 | Cecilia Majdall | Nilsen | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:09 | 78 | | 22 |
| 9.63km | 775 | Thea Maria Therese | Bærby | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:19 | 81 | | 23 |
| 9.63km | 1190 | Tori | Løge | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:23 | 83 | | 25 |
| 9.63km | 755 | Therese Majdall | Nilsen | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:25 | 84 | | 24 |
| 9.63km | 1184 | Ellen | Jemtegaard | Kvinner | K 23-34 | ELLEN JEMTEGAARD | Finished | 00:51:25 | 85 | | 28 |
| 9.63km | 897 | Hilde Marie | Rossebø | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:30 | 87 | | 26 |
| 9.63km | 780 | Ninni Petrin | Eidsvig | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:43 | 91 | | 27 |
| 9.63km | 762 | Astri Irene | Fotland | Kvinner | K 23-34 | ESMART SYSTEMS | Finished | 00:51:45 | 92 | | 31 |
| 9.63km | 781 | Sofie | Pettersen | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:48 | 93 | | 30 |
| 9.63km | 889 | Anneli | Pellerud | Kvinner | K 23-34 | PRIVAT | Finished | 00:51:56 | 96 | | 29 |
| 9.63km | 1506 | Heidi | Hagtvedt | Kvinner | K 23-34 | PRIVAT | Finished | 00:52:04 | 99 | | 32 |
| 9.63km | 878 | Kristiane | Olaussen | Kvinner | K 23-34 | PRIVAT | Finished | 00:52:20 | 104 | | 33 |
| 9.63km | 853 | Ida | Erlandsen | Kvinner | K 23-34 | ST. OLAVS HOSPITAL BIL | Finished | 00:52:52 | 111 | | 34 |
| 9.63km | 1165 | Pia | Jarmyr | Kvinner | K 23-34 | LØPEJENTENE | Finished | 00:53:09 | 113 | | 37 |
| 9.63km | 748 | Pernille | Hem | Kvinner | K 23-34 | PRIVAT | Finished | 00:53:10 | 114 | | 36 |
| 9.63km | 1161 | Mathilde | Bråten | Kvinner | K 23-34 | PRIVAT | Finished | 00:53:17 | 117 | | 38 |
| 9.63km | 1251 | Maren | Lier | Kvinner | K 23-34 | KREFTFORENINGEN BIL | Finished | 00:53:21 | 118 | | 35 |
| 9.63km | 766 | Alice Lødemel | Sandberg | Kvinner | K 23-34 | PRIVAT | Finished | 00:53:53 | 124 | | 39 |
| 9.63km | 1422 | Christine | Haulan | Kvinner | K 23-34 | PRIVAT | Finished | 00:54:12 | 126 | | 43 |
| 9.63km | 859 | Tonje | Selstø | Kvinner | K 23-34 | TEAM OCRNORWAY | Finished | 00:54:13 | 127 | | 42 |
| 9.63km | 1519 | Mari | Walle Thorsen | Kvinner | K 23-34 | | Finished | 00:54:13 | 128 | | 41 |
| 9.63km | 1157 | Randi | Lunke | Kvinner | K 23-34 | PRIVAT | Finished | 00:54:15 | 129 | | 44 |
| 9.63km | 1206 | Trine | Kolbjørnsen | Kvinner | K 23-34 | MOSVATNET ALLSTARS | Finished | 00:54:15 | 130 | | 40 |
| 9.63km | 1116 | Ida Elisabeth | Hult Norvald | Kvinner | K 23-34 | TTIF | Finished | 00:54:20 | 131 | | 46 |
| 9.63km | 1221 | Thea Jevnheim | Sørlunden | Kvinner | K 23-34 | PRIVAT | Finished | 00:54:28 | 133 | | 45 |
| 9.63km | 1415 | Synne | Nygård | Kvinner | K 23-34 | PRIVAT | Finished | 00:54:57 | 143 | | 48 |
| 9.63km | 1249 | Lise | Skymoen | Kvinner | K 23-34 | PRIVAT | Finished | 00:55:07 | 146 | | 47 |
| 9.63km | 1183 | Tine | Einang | Kvinner | K 23-34 | PRIVAT | Finished | 00:55:17 | 147 | | 49 |
| 9.63km | 894 | Anne-Mari | Samskott | Kvinner | K 23-34 | PRIVAT | Finished | 00:55:25 | 148 | | 50 |
| 9.63km | 1217 | Caroline | Monsen | Kvinner | K 23-34 | PRIVAT | Finished | 00:55:27 | 149 | | 51 |
| 9.63km | 747 | Silje Borkhus | Otnes | Kvinner | K 23-34 | BØLER IF FRIIDRETT | Finished | 00:56:10 | 156 | | 52 |
| 9.63km | 893 | Maia Helmersen | Håpnes | Kvinner | K 23-34 | PRIVAT | Finished | 00:56:13 | 158 | | 53 |
| 9.63km | 1166 | Marie | Aspunvik | Kvinner | K 23-34 | LØPEJENTENE | Finished | 00:56:15 | 159 | | 54 |
| 9.63km | 1104 | Cecilie | Bøe | Kvinner | K 23-34 | PRIVAT | Finished | 00:56:50 | 165 | | 56 |
| 9.63km | 1196 | Irene | Hovde | Kvinner | K 23-34 | PRIVAT | Finished | 00:57:00 | 171 | | 55 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|-----------------------|----------------------|---------|---------|--------------------------|----------|----------|------------|-------------|
| 9.63km | 724 | Ingvil Johnsen | Rødli | Kvinner | K 23-34 | PRIVAT | Finished | 00:57:05 | 172 | 57 |
| 9.63km | 1431 | Oda | Nilsen Bækkelund | Kvinner | K 23-34 | MATTILSYNET | Finished | 00:57:22 | 175 | 58 |
| 9.63km | 744 | Sølvi | Talset | Kvinner | K 23-34 | PRIVAT | Finished | 00:57:27 | 177 | 59 |
| 9.63km | 1433 | Kjersti | Thuve | Kvinner | K 23-34 | PRIVAT | Finished | 00:57:30 | 178 | 60 |
| 9.63km | 1450 | Kristina | Woll | Kvinner | K 23-34 | PRIV | Finished | 00:57:57 | 182 | 61 |
| 9.63km | 833 | Ingrid | Russwurm | Kvinner | K 23-34 | PRIVAT | Finished | 00:58:21 | 188 | 62 |
| 9.63km | 1227 | Mari Andrine | Hjorteset | Kvinner | K 23-34 | PRIVAT | Finished | 00:58:23 | 189 | 63 |
| 9.63km | 1247 | May Helen | Harstad | Kvinner | K 23-34 | PRIVAT | Finished | 00:58:33 | 192 | 65 |
| 9.63km | 1138 | Hanne Riise | Mæhlum | Kvinner | K 23-34 | CIBER BIL | Finished | 00:58:37 | 193 | 66 |
| 9.63km | 1192 | Elin | Ilse | Kvinner | K 23-34 | PRIVAT | Finished | 00:58:46 | 195 | 64 |
| 9.63km | 803 | Maria | Westlie | Kvinner | K 23-34 | PRIVAT | Finished | 00:58:52 | 196 | 67 |
| 9.63km | 1507 | Ingrid | Berg | Kvinner | K 23-34 | PRIVAT | Finished | 00:59:09 | 201 | 68 |
| 9.63km | 1216 | Heidi | Tandberg | Kvinner | K 23-34 | HOLEKARUSELLEN | Finished | 00:59:14 | 203 | 69 |
| 9.63km | 1151 | Hanne | Karlsen | Kvinner | K 23-34 | PRIVAT | Finished | 00:59:26 | 204 | 70 |
| 9.63km | 1137 | Charlotte | Sjøthun | Kvinner | K 23-34 | CIBER BIL | Finished | 00:59:40 | 207 | 71 |
| 9.63km | 1122 | Helene | Lillekvelland | Kvinner | K 23-34 | NORDSTRAND SPORTSSKYTTER | Finished | 00:59:56 | 208 | 72 |
| 9.63km | 1419 | Helene | Starheim | Kvinner | K 23-34 | PRIVAT | Finished | 01:00:03 | 210 | 73 |
| 9.63km | 1139 | Mihaela | Motas | Kvinner | K 23-34 | PRIVAT | Finished | 01:00:21 | 211 | 74 |
| 9.63km | 1424 | Lise Forsberg | Vogt | Kvinner | K 23-34 | PRIVAT | Finished | 01:00:28 | 213 | 76 |
| 9.63km | 1194 | Silje | Meek | Kvinner | K 23-34 | PRIVAT | Finished | 01:00:28 | 214 | 75 |
| 9.63km | 1133 | Anne Marte | Dahl | Kvinner | K 23-34 | PRIVAT | Finished | 01:01:10 | 217 | 77 |
| 9.63km | 1417 | Ingrid | Alterås | Kvinner | K 23-34 | PRIVAT | Finished | 01:01:23 | 221 | 78 |
| 9.63km | 1501 | Silje | Mellqvist | Kvinner | K 23-34 | PRIVAT | Finished | 01:01:39 | 224 | 79 |
| 9.63km | 1124 | Ingvald | Hestnes | Kvinner | K 23-34 | PRIVAT | Finished | 01:01:40 | 225 | 80 |
| 9.63km | 1111 | Marthe | Kristiansen | Kvinner | K 23-34 | PRIVAT | Finished | 01:02:13 | 229 | 81 |
| 9.63km | 1500 | Ingeborg | Brendås | Kvinner | K 23-34 | PRIVAT | Finished | 01:02:14 | 230 | 82 |
| 9.63km | 1438 | Jeanette | Johansen | Kvinner | K 23-34 | PRIVAT | Finished | 01:02:26 | 232 | 83 |
| 9.63km | 1172 | Malene | Elseth | Kvinner | K 23-34 | MALENE ELSETH | Finished | 01:04:14 | 241 | 84 |
| 9.63km | 1502 | Bente | Brinchmann | Kvinner | K 23-34 | PRIVAT | Finished | 01:04:30 | 242 | 85 |
| 9.63km | 1441 | Ingunn | Dørve | Kvinner | K 23-34 | PRIVAT | Finished | 01:06:48 | 255 | 86 |
| 9.63km | 1225 | Annie Karine | Blomen Håkonsen | Kvinner | K 23-34 | PRIVAT | Finished | 01:06:56 | 256 | 87 |
| 9.63km | 1459 | Linda | Wie Trøen | Kvinner | K 23-34 | PRIVAT | Finished | 01:07:38 | 259 | 88 |
| 9.63km | 848 | Anne Christine | Lie | Kvinner | K 23-34 | PRIVAT | Finished | 01:08:53 | 260 | 89 |
| 9.63km | 1449 | Ann-Sofie | Ulle | Kvinner | K 23-34 | PRIVAT | Finished | 01:09:22 | 264 | 90 |
| 9.63km | 1466 | Victoria M Haugen | Risvaag | Kvinner | K 23-34 | PRIVAT | Finished | 01:14:31 | 271 | 91 |
| 9.63km | 1472 | Kirsti Marie | Øvrebø | Kvinner | K 23-34 | TOLLERNES IL | Finished | 01:14:48 | 272 | 92 |
| 9.63km | 172 | Tove | Andersen | Kvinner | K 35-39 | RUSTAD IL | Finished | 00:39:34 | 3 | 1 |
| 9.63km | 132 | Hanne | Kristiansen-Hauglanc | Kvinner | K 35-39 | BØLER IF FRIDRETT | Finished | 00:40:25 | 5 | 2 |
| 9.63km | 517 | Elin | Mellemstrand | Kvinner | K 35-39 | | Finished | 00:44:19 | 18 | 3 |
| 9.63km | 424 | Eeva | Kantanen | Kvinner | K 35-39 | HYDRO OSLO BIL | Finished | 00:45:04 | 21 | 4 |
| 9.63km | 323 | Vivian Sørensen | Lunde | Kvinner | K 35-39 | HOLEKARUSELLEN | Finished | 00:46:37 | 28 | 5 |
| 9.63km | 389 | Pernille | Dørstad | Kvinner | K 35-39 | STATNETT | Finished | 00:47:43 | 35 | 6 |
| 9.63km | 729 | Willow | Keats | Kvinner | K 35-39 | PRIVAT | Finished | 00:48:01 | 40 | 7 |
| 9.63km | 746 | Irene Bredvold | Weiby | Kvinner | K 35-39 | BDO ADVOKATER | Finished | 00:48:35 | 54 | 8 |
| 9.63km | 311 | Hilde | Martone | Kvinner | K 35-39 | PRIVAT | Finished | 00:49:19 | 59 | 9 |
| 9.63km | 835 | Kathrine Hellen | Håland | Kvinner | K 35-39 | PRIVAT | Finished | 00:50:11 | 65 | 10 |
| 9.63km | 1252 | Arnhild | Bie-Drivdal | Kvinner | K 35-39 | | Finished | 00:50:41 | 70 | 12 |
| 9.63km | 437 | Anette | Erlandsen | Kvinner | K 35-39 | FÜRST BIL | Finished | 00:50:42 | 71 | 11 |
| 9.63km | 394 | Mona | Skjørterop | Kvinner | K 35-39 | PRIVAT | Finished | 00:51:02 | 76 | 13 |
| 9.63km | 734 | Elin Akre | Tellum | Kvinner | K 35-39 | TEAM TELLUM | Finished | 00:51:32 | 89 | 14 |
| 9.63km | 1152 | Ingvald | Haugen | Kvinner | K 35-39 | PRIVAT | Finished | 00:51:41 | 90 | 15 |
| 9.63km | 1134 | Helen | Heamo | Kvinner | K 35-39 | PRIVAT | Finished | 00:52:27 | 108 | 16 |
| 9.63km | 814 | Katharina | Gjeruldsen | Kvinner | K 35-39 | PRIVAT | Finished | 00:53:10 | 115 | 18 |
| 9.63km | 711 | Nina | Westgaard | Kvinner | K 35-39 | PRIVAT | Finished | 00:53:16 | 116 | 19 |
| 9.63km | 901 | Hege Fantoft | Andreassen | Kvinner | K 35-39 | KREFTFORENINGEN | Finished | 00:53:21 | 119 | 17 |
| 9.63km | 787 | Sigrid | Hansen | Kvinner | K 35-39 | PRIVAT | Finished | 00:53:32 | 121 | 20 |
| 9.63km | 1232 | Ingrid | Amundsen Welde | Kvinner | K 35-39 | OBIL | Finished | 00:53:44 | 123 | 21 |
| 9.63km | 713 | Laila | Stenrud | Kvinner | K 35-39 | PRIVAT | Finished | 00:54:32 | 136 | 23 |
| 9.63km | 955 | Gøril | Huse | Kvinner | K 35-39 | TRENINGSCAMP | Finished | 00:54:58 | 144 | 24 |
| 9.63km | 1253 | Irene | Brodshaug | Kvinner | K 35-39 | FEIRING IL | Finished | 00:55:01 | 145 | 22 |
| 9.63km | 1423 | Mari | Gabrielsen | Kvinner | K 35-39 | PRIVAT | Finished | 00:55:30 | 150 | 25 |
| 9.63km | 954 | Synne | Ekrem | Kvinner | K 35-39 | | Finished | 00:55:38 | 151 | 26 |
| 9.63km | 1250 | Ingrid | Karlsen | Kvinner | K 35-39 | PRIVAT | Finished | 00:55:55 | 152 | 27 |
| 9.63km | 1442 | Eveline | Hansen | Kvinner | K 35-39 | PRIVAT | Finished | 00:56:16 | 160 | 28 |
| 9.63km | 1239 | Tuva | Stølen | Kvinner | K 35-39 | TRENINGSKAMERATENE | Finished | 00:56:22 | 161 | 29 |
| 9.63km | 1197 | Marianne | Hafnor | Kvinner | K 35-39 | PRIVAT | Finished | 00:56:51 | 166 | 31 |
| 9.63km | 869 | Birte | Horn-Hanssen | Kvinner | K 35-39 | PRIVAT | Finished | 00:56:53 | 169 | 30 |
| 9.63km | 1181 | Camilla | Brenna | Kvinner | K 35-39 | PRIVAT | Finished | 00:57:24 | 176 | 32 |
| 9.63km | 1201 | Monica | Godø | Kvinner | K 35-39 | NAF KONDIS | Finished | 00:57:36 | 179 | 33 |
| 9.63km | 1171 | Ingvald | Elseth | Kvinner | K 35-39 | PRIVAT | Finished | 00:58:27 | 191 | 34 |
| 9.63km | 1132 | Kristine | Dahl | Kvinner | K 35-39 | PRIVAT | Finished | 01:01:13 | 220 | 35 |
| 9.63km | 1179 | Hanne Mari | Skappel | Kvinner | K 35-39 | PRIVAT | Finished | 01:01:31 | 223 | 36 |
| 9.63km | 1255 | May Britt | Berge | Kvinner | K 35-39 | | Finished | 01:02:24 | 231 | 37 |
| 9.63km | 1440 | Ika | Bruun | Kvinner | K 35-39 | PRIVAT | Finished | 01:04:49 | 245 | 38 |
| 9.63km | 1489 | Tove | Standnes-Ellstrøm | Kvinner | K 35-39 | PRIVAT | Finished | 01:05:38 | 250 | 39 |
| 9.63km | 1406 | Johanne | Severinsen | Kvinner | K 35-39 | PRIVAT | Finished | 01:06:05 | 251 | 40 |
| 9.63km | 1485 | Ann-Jeanette Berntsen | Larsen | Kvinner | K 35-39 | PRIVAT | Finished | 01:06:39 | 253 | 41 |
| 9.63km | 1486 | Stine | Magnussen | Kvinner | K 35-39 | AIRSPED BIL | Finished | 01:06:39 | 254 | 42 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|---------------------|-------------------|---------|---------|------------------------|----------|----------|------------|-------------|
| 9.63km | 1421 | Line | Hystad | Kvinner | K 35-39 | PRIVAT | Finished | 01:09:21 | 263 | 43 |
| 9.63km | 1467 | Monica | Haugen | Kvinner | K 35-39 | PRIVAT | Finished | 01:13:15 | 269 | 44 |
| 9.63km | 52 | Jessica | Gunnarsson | Kvinner | K 40-44 | SK VIDAR | Finished | 00:38:52 | 2 | 1 |
| 9.63km | 510 | Anette | Johnes Hundere | Kvinner | K 40-44 | ASKER SKIKLUBB | Finished | 00:39:58 | 4 | 2 |
| 9.63km | 475 | Lise Marie | Jensen | Kvinner | K 40-44 | PRIVAT | Finished | 00:46:24 | 26 | 3 |
| 9.63km | 482 | Rikke Olafsen | Rokke | Kvinner | K 40-44 | RUSTAD IL | Finished | 00:46:54 | 29 | 4 |
| 9.63km | 423 | Trine Scharp | Wilhelmsen | Kvinner | K 40-44 | PRIVAT | Finished | 00:47:52 | 38 | 5 |
| 9.63km | 407 | Åsne | Meland | Kvinner | K 40-44 | OPPSAL SKI | Finished | 00:48:27 | 49 | 7 |
| 9.63km | 823 | Birgitte | Istad | Kvinner | K 40-44 | PRIVAT | Finished | 00:48:28 | 50 | 6 |
| 9.63km | 875 | Kathrine | Lie | Kvinner | K 40-44 | LØRENSKOG SKIKLUBB | Finished | 00:48:43 | 55 | 8 |
| 9.63km | 864 | Malin | Tønseth | Kvinner | K 40-44 | HYDRO (HOBIL) | Finished | 00:49:40 | 60 | 9 |
| 9.63km | 710 | Hege | Aas | Kvinner | K 40-44 | BSK | Finished | 00:49:41 | 61 | 10 |
| 9.63km | 861 | Beate | Lindstad | Kvinner | K 40-44 | PRIVAT | Finished | 00:49:58 | 64 | 11 |
| 9.63km | 855 | Marit | Gjelsvik | Kvinner | K 40-44 | PRIVAT | Finished | 00:50:20 | 66 | 12 |
| 9.63km | 797 | Anne Kim | Krakeli Elton | Kvinner | K 40-44 | PRIVAT | Finished | 00:50:31 | 69 | 13 |
| 9.63km | 953 | Hanne | Blomfeldt | Kvinner | K 40-44 | | Finished | 00:50:52 | 73 | 14 |
| 9.63km | 1233 | Line Yang | Stousland | Kvinner | K 40-44 | OBOS | Finished | 00:51:57 | 97 | 16 |
| 9.63km | 1167 | Eline Strand | Martinsen | Kvinner | K 40-44 | PRIVAT | Finished | 00:52:02 | 98 | 15 |
| 9.63km | 776 | Astrid Lier | Rømuld | Kvinner | K 40-44 | ASKIM IF SKI | Finished | 00:52:12 | 102 | 17 |
| 9.63km | 871 | Ingvill Maria | Martinsen-Løkken | Kvinner | K 40-44 | BLODBANKEN GJØVIK | Finished | 00:52:24 | 107 | 18 |
| 9.63km | 720 | Hege | Torkilsrud | Kvinner | K 40-44 | PRIVAT | Finished | 00:52:51 | 110 | 19 |
| 9.63km | 791 | Tina | Løvstad | Kvinner | K 40-44 | BIF | Finished | 00:53:53 | 125 | 20 |
| 9.63km | 1115 | Kristin | Borck | Kvinner | K 40-44 | PRIVAT | Finished | 00:54:25 | 132 | 21 |
| 9.63km | 952 | Anette | Stavseth | Kvinner | K 40-44 | | Finished | 00:54:46 | 140 | 22 |
| 9.63km | 805 | Line | Edvardsen | Kvinner | K 40-44 | PRIVAT | Finished | 00:55:56 | 153 | 24 |
| 9.63km | 749 | Line | Hofoss Holm | Kvinner | K 40-44 | TEAM OCR NORWAY | Finished | 00:56:00 | 154 | 23 |
| 9.63km | 1162 | Marianne | Nordstrøm | Kvinner | K 40-44 | FRAMBU | Finished | 00:56:33 | 162 | 25 |
| 9.63km | 1170 | Ingrid | Wadahl | Kvinner | K 40-44 | PRIVAT | Finished | 00:56:42 | 163 | 28 |
| 9.63km | 1144 | Tonje | Haugberg | Kvinner | K 40-44 | UDIR BIL | Finished | 00:56:43 | 164 | 26 |
| 9.63km | 742 | Linda | Pettersson | Kvinner | K 40-44 | HYDRO OSLO BIL | Finished | 00:57:00 | 170 | 27 |
| 9.63km | 1495 | Gunhild | Birkemoe | Kvinner | K 40-44 | PRIVAT | Finished | 00:57:38 | 180 | 29 |
| 9.63km | 1188 | Ingunn | Sandvik | Kvinner | K 40-44 | PRIVAT | Finished | 00:58:53 | 197 | 31 |
| 9.63km | 1205 | Mirjam Kulstad | Næss | Kvinner | K 40-44 | PRIVAT | Finished | 00:58:56 | 198 | 30 |
| 9.63km | 1106 | Kari | Henriksen | Kvinner | K 40-44 | PRIVAT | Finished | 00:58:56 | 199 | 32 |
| 9.63km | 1143 | Sidsel Elisabeth | Johannesen | Kvinner | K 40-44 | RKBIL | Finished | 00:59:04 | 200 | 33 |
| 9.63km | 1164 | Rakel | Korsvold | Kvinner | K 40-44 | PRIVAT | Finished | 00:59:33 | 206 | 34 |
| 9.63km | 1169 | Christine | Steinstø | Kvinner | K 40-44 | PRIVAT | Finished | 01:00:39 | 215 | 35 |
| 9.63km | 761 | Marianne | Tamm | Kvinner | K 40-44 | PRIVAT | Finished | 01:01:24 | 222 | 36 |
| 9.63km | 1204 | Kirsty | Fossengen | Kvinner | K 40-44 | PRIVAT | Finished | 01:02:41 | 234 | 37 |
| 9.63km | 1156 | Sofie | Arneberg | Kvinner | K 40-44 | PRIVAT | Finished | 01:03:09 | 235 | 38 |
| 9.63km | 1412 | Anne-Lene | Nilsen | Kvinner | K 40-44 | PRIVAT | Finished | 01:04:00 | 239 | 39 |
| 9.63km | 1481 | Kristin | Alsos | Kvinner | K 40-44 | PRIVAT | Finished | 01:04:54 | 246 | 40 |
| 9.63km | 1150 | Fouzia Haroon | Rashid | Kvinner | K 40-44 | FLISEKOMPANIET BIL | Finished | 01:05:04 | 248 | 41 |
| 9.63km | 1452 | Hanne T. | Asheim | Kvinner | K 40-44 | PRIVAT | Finished | 01:05:05 | 249 | 42 |
| 9.63km | 1503 | Helene Brand | Thingstad | Kvinner | K 40-44 | PRIVAT | Finished | 01:06:23 | 252 | 43 |
| 9.63km | 1118 | Lise | Sørli | Kvinner | K 40-44 | PRIVAT | Finished | 01:07:17 | 257 | 44 |
| 9.63km | 1460 | Marianne | Weydahl | Kvinner | K 40-44 | PRIVAT | Finished | 01:09:18 | 261 | 45 |
| 9.63km | 1480 | Siri Vaggen | Kanedal | Kvinner | K 40-44 | TEAM OCR NORWAY | Finished | 01:13:50 | 270 | 46 |
| 9.63km | 1484 | Reidunn Hilde | Stormo | Kvinner | K 40-44 | PRIVAT | Finished | 01:35:16 | 275 | 47 |
| 9.63km | 1142 | Thrine | Kallseter | Kvinner | K 45-49 | PRIVAT | DNF | | 0 | 0 |
| 9.63km | 320 | Ingrid Magritt | Lutnæs | Kvinner | K 45-49 | LILLEHAMMER SKIKLUB | DNF | | 0 | 0 |
| 9.63km | 187 | Dorte | Foss | Kvinner | K 45-49 | RAUFOSS IL | Finished | 00:42:29 | 11 | 1 |
| 9.63km | 139 | Monica | Ragnvaldsen | Kvinner | K 45-49 | TRY | Finished | 00:43:01 | 12 | 2 |
| 9.63km | 429 | Nina Eskild | Riege | Kvinner | K 45-49 | RUSTAD IL | Finished | 00:47:51 | 36 | 4 |
| 9.63km | 770 | Camilla | Raade | Kvinner | K 45-49 | TEAM OCRNORWAY | Finished | 00:47:55 | 39 | 3 |
| 9.63km | 483 | Hege | Kittilsen | Kvinner | K 45-49 | BØLER IF | Finished | 00:48:28 | 51 | 5 |
| 9.63km | 400 | Charlotte | Carlander | Kvinner | K 45-49 | PRIVAT | Finished | 00:48:34 | 53 | 6 |
| 9.63km | 957 | Kristin | Jacomsen | Kvinner | K 45-49 | | Finished | 00:49:15 | 58 | 7 |
| 9.63km | 1214 | Anita Rye | Grinrød | Kvinner | K 45-49 | TEAM DRØBAK MULTISPORT | Finished | 00:50:24 | 67 | 8 |
| 9.63km | 862 | Anne Bjørberg | Jenssen | Kvinner | K 45-49 | PRIVAT | Finished | 00:50:46 | 72 | 9 |
| 9.63km | 362 | Marit | Tørstad | Kvinner | K 45-49 | SK RYE | Finished | 00:50:54 | 74 | 10 |
| 9.63km | 715 | Marit | Ottersbo-Johansen | Kvinner | K 45-49 | PRIVAT | Finished | 00:51:04 | 77 | 11 |
| 9.63km | 873 | Inger Anne | Pedersen | Kvinner | K 45-49 | OPPEGÅRD IL | Finished | 00:51:11 | 79 | 12 |
| 9.63km | 885 | Hanne | Wibe | Kvinner | K 45-49 | TEAM SPORTSMANDEN | Finished | 00:51:14 | 80 | 13 |
| 9.63km | 751 | Anne Beate | Stubberud | Kvinner | K 45-49 | PRIVAT | Finished | 00:51:31 | 88 | 15 |
| 9.63km | 890 | Agnes | Benediktsdottir | Kvinner | K 45-49 | SKILØPERNE | Finished | 00:51:51 | 94 | 14 |
| 9.63km | 790 | Mona | Johannessen | Kvinner | K 45-49 | POSTEN NORGE | Finished | 00:52:11 | 101 | 18 |
| 9.63km | 767 | Marita Elena | Valvik | Kvinner | K 45-49 | PRIVAT | Finished | 00:52:19 | 103 | 19 |
| 9.63km | 863 | Line | Ottersen | Kvinner | K 45-49 | PRIVAT | Finished | 00:52:21 | 105 | 16 |
| 9.63km | 884 | Tove-Mette | Arnesen | Kvinner | K 45-49 | PRIVAT | Finished | 00:52:22 | 106 | 17 |
| 9.63km | 1121 | Kristin Holt | Gjøvaag | Kvinner | K 45-49 | GYLDENDAL BIL | Finished | 00:53:08 | 112 | 20 |
| 9.63km | 888 | Hege Jahr | Glomnes | Kvinner | K 45-49 | PRIVAT | Finished | 00:53:37 | 122 | 21 |
| 9.63km | 799 | Ulla Alethe Rognsaa | Kildal | Kvinner | K 45-49 | RUSTAD IL | Finished | 00:54:30 | 135 | 22 |
| 9.63km | 796 | Kjersti | Johnsen | Kvinner | K 45-49 | PRIVAT | Finished | 00:54:35 | 138 | 23 |
| 9.63km | 1129 | Kjersti | Løken Stavrum | Kvinner | K 45-49 | RYE | Finished | 00:54:44 | 139 | 24 |
| 9.63km | 1141 | Gro | Elvhaug | Kvinner | K 45-49 | BORGEN IL | Finished | 00:54:47 | 141 | 25 |
| 9.63km | 1168 | Kristin | Andersen | Kvinner | K 45-49 | FORSKNINGSRÅDET | Finished | 00:56:52 | 167 | 26 |
| 9.63km | 801 | Liv | Prestgard | Kvinner | K 45-49 | PRIVAT | Finished | 00:57:17 | 174 | 27 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|-------------------|----------------|---------|---------|----------------------------|----------|----------|------------|-------------|
| 9.63km | 1242 | Vera | Vik Hansen | Kvinner | K 45-49 | VERA VIK HANSEN | Finished | 00:57:58 | 183 | 29 |
| 9.63km | 887 | Nina Bakke | Hansen | Kvinner | K 45-49 | OCR | Finished | 00:58:16 | 186 | 28 |
| 9.63km | 1456 | Elisabeth Bratlie | Skaare | Kvinner | K 45-49 | PRIVAT | Finished | 00:58:26 | 190 | 30 |
| 9.63km | 1198 | Lene | Schonhowd | Kvinner | K 45-49 | SVEA SKILAG | Finished | 00:58:38 | 194 | 31 |
| 9.63km | 1497 | Live | Hesthagen | Kvinner | K 45-49 | ETTERNØLERNE | Finished | 00:59:32 | 205 | 32 |
| 9.63km | 1496 | Gry Elisabeth | Hanssen | Kvinner | K 45-49 | ETTERNØLERNE | Finished | 01:01:45 | 227 | 33 |
| 9.63km | 1160 | Elisabeth | Rogne | Kvinner | K 45-49 | PRIVAT | Finished | 01:04:33 | 243 | 34 |
| 9.63km | 1445 | Hanne | Helvig Eriksen | Kvinner | K 45-49 | PRIVAT | Finished | 01:07:18 | 258 | 35 |
| 9.63km | 1451 | Anette | Lislerud | Kvinner | K 45-49 | PRIVAT | Finished | 01:10:23 | 265 | 36 |
| 9.63km | 1514 | Lene | Gjems | Kvinner | K 45-49 | MATTILSYNET | Finished | 01:11:36 | 266 | 37 |
| 9.63km | 210 | Nina Wavik | Ytterstad | Kvinner | K 50-54 | SK VIDAR | Finished | 00:42:19 | 10 | 1 |
| 9.63km | 357 | Merete | Bolin | Kvinner | K 50-54 | SKILØPERNE | Finished | 00:47:18 | 31 | 3 |
| 9.63km | 477 | Ingunn | Monsen | Kvinner | K 50-54 | PRIVAT | Finished | 00:47:19 | 32 | 2 |
| 9.63km | 435 | Bente | Sæther | Kvinner | K 50-54 | DNB | Finished | 00:48:09 | 43 | 5 |
| 9.63km | 474 | Kari-Anne | Haug | Kvinner | K 50-54 | RUSTAD IL | Finished | 00:48:18 | 45 | 4 |
| 9.63km | 764 | Kari | Liltved | Kvinner | K 50-54 | PRIVAT | Finished | 00:51:22 | 82 | 6 |
| 9.63km | 772 | Marja | Østfelt | Kvinner | K 50-54 | PRIVAT | Finished | 00:52:06 | 100 | 7 |
| 9.63km | 895 | Mette | Sundøen | Kvinner | K 50-54 | ØVIP | Finished | 00:54:30 | 134 | 8 |
| 9.63km | 1185 | Liliana | Klimont | Kvinner | K 50-54 | RUSTAD IL | Finished | 00:54:50 | 142 | 9 |
| 9.63km | 1173 | Elisabeth | Jonhaugen | Kvinner | K 50-54 | NETS NORWAY | Finished | 00:56:52 | 168 | 10 |
| 9.63km | 789 | Gro | Axelsen | Kvinner | K 50-54 | PRIVAT | Finished | 00:57:12 | 173 | 11 |
| 9.63km | 1407 | Hanne | Eldby | Kvinner | K 50-54 | IF FRØY | Finished | 00:57:41 | 181 | 12 |
| 9.63km | 1159 | Janicke | Rudi | Kvinner | K 50-54 | NITTEDAL BEDRIFT IDRETSLAG | Finished | 00:58:13 | 185 | 13 |
| 9.63km | 843 | Helene | Kvamme | Kvinner | K 50-54 | ROMERIKE RUNNERS TEAM | Finished | 00:58:20 | 187 | 14 |
| 9.63km | 1218 | Kristine | Herheim Bøås | Kvinner | K 50-54 | PRIVAT | Finished | 01:00:03 | 209 | 15 |
| 9.63km | 1447 | Marit | Larsen | Kvinner | K 50-54 | PRIVAT | Finished | 01:00:23 | 212 | 16 |
| 9.63km | 1490 | Randi | Wessmann | Kvinner | K 50-54 | PRIVAT | Finished | 01:01:11 | 218 | 18 |
| 9.63km | 1426 | Elisabeth | Russwurm | Kvinner | K 50-54 | PRIVAT | Finished | 01:01:12 | 219 | 17 |
| 9.63km | 1176 | Trine | Celius | Kvinner | K 50-54 | PRIVAT | Finished | 01:02:30 | 233 | 19 |
| 9.63km | 1107 | Kari | Eide | Kvinner | K 50-54 | RKBIL | Finished | 01:03:22 | 237 | 20 |
| 9.63km | 1177 | Linda | Kjosås | Kvinner | K 50-54 | PRIVAT | Finished | 01:04:14 | 240 | 21 |
| 9.63km | 1511 | Lisbeth | Kristoffersen | Kvinner | K 50-54 | PRIVAT | Finished | 01:13:03 | 268 | 22 |
| 9.63km | 491 | Wenche | Rasch | Kvinner | K 55-59 | RUSTAD IL | Finished | 00:48:44 | 56 | 1 |
| 9.63km | 1209 | Turid Frydenlund | Sælid | Kvinner | K 55-59 | RUSTAD IL | Finished | 00:51:53 | 95 | 2 |
| 9.63km | 811 | Annbjørg | Håøy | Kvinner | K 55-59 | RUSTAD IL | Finished | 00:54:33 | 137 | 3 |
| 9.63km | 832 | Kaja | Giltvedt | Kvinner | K 55-59 | FRAMBU BIL | Finished | 00:56:12 | 157 | 4 |
| 9.63km | 1491 | Agnes | Gombos | Kvinner | K 55-59 | SVELVIK MARATHON SOCIETY | Finished | 01:01:41 | 226 | 5 |
| 9.63km | 1427 | Sigrid | Russwurm | Kvinner | K 55-59 | PRIVAT | Finished | 01:03:19 | 236 | 6 |
| 9.63km | 1499 | Anne Grethe | Overskeid | Kvinner | K 55-59 | PRIVAT | Finished | 01:04:36 | 244 | 7 |
| 9.63km | 1213 | Elin | Skøyen | Kvinner | K 55-59 | ROMERIKE RUNNERS TEAM | Finished | 01:04:56 | 247 | 8 |
| 9.63km | 1474 | Tove | Sandberg | Kvinner | K 55-59 | PRIVAT | Finished | 01:09:20 | 262 | 9 |
| 9.63km | 1470 | May | Kristiansen | Kvinner | K 55-59 | PRIVAT | Finished | 01:11:40 | 267 | 10 |
| 9.63km | 1446 | Eli Synnøve | Rønningen | Kvinner | K 60-64 | PRIVAT | Finished | 01:03:33 | 238 | 1 |
| 9.63km | 1504 | Lise | Brække | Kvinner | K 60-64 | IL I BUL | Finished | 01:22:25 | 273 | 2 |
| 9.63km | 1187 | Anne Grete | Hoem | Kvinner | K 65-69 | PRIVAT | Finished | 01:02:09 | 228 | 1 |
| 9.63km | 1404 | Oline Lovise | Yksnøy | Kvinner | K 70-74 | SPIRIDON LLL | Finished | 01:25:20 | 274 | 1 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|------------------|--------------------|-------|---------|----------------------------|----------|----------|------------|-------------|
| 9.63km | 44 | Tørres | Lutnæs | Menn | M 12-13 | RUSTAD IL | Finished | 00:38:39 | 54 | 1 |
| 9.63km | 46 | Per Ingvar | Tollehaug | Menn | M 12-13 | IF EIKER KVIKK | Finished | 00:39:31 | 78 | 2 |
| 9.63km | 870 | David | Velasquez | Menn | M 12-13 | BØLER | Finished | 00:42:33 | 146 | 3 |
| 9.63km | 457 | Audun Nesheim | Hægeland | Menn | M 12-13 | RUSTAD IL | Finished | 00:43:23 | 167 | 4 |
| 9.63km | 368 | Ask | Olaussen | Menn | M 12-13 | RUSTAD IL | Finished | 00:44:54 | 210 | 5 |
| 9.63km | 844 | Marius | Hvidsten | Menn | M 12-13 | RUSTAD IL | Finished | 00:45:51 | 245 | 6 |
| 9.63km | 845 | Helge | Ilseeng | Menn | M 12-13 | BØLER IF FRIIDRETT | Finished | 00:47:12 | 286 | 7 |
| 9.63km | 490 | Karsten | Ladstein | Menn | M 12-13 | TEAM SPORTSMANDEN/SKILØF | Finished | 00:54:19 | 431 | 8 |
| 9.63km | 1508 | Jakob Froyn | Lie | Menn | M 12-13 | HASLUM IF | Finished | 00:54:21 | 432 | 9 |
| 9.63km | 1222 | Benjamin | Weydahl | Menn | M 12-13 | PRIVAT | Finished | 00:59:11 | 477 | 10 |
| 9.63km | 15 | Jacob | Olsson | Menn | M 14-15 | RUSTAD IL | Finished | 00:35:48 | 13 | 1 |
| 9.63km | 20 | Trym | Olafsen | Menn | M 14-15 | RUSTAD IL | Finished | 00:37:36 | 36 | 2 |
| 9.63km | 207 | Martin | Hemstad | Menn | M 14-15 | GJELLERÅSEN SKI | Finished | 00:37:46 | 39 | 3 |
| 9.63km | 154 | Felix | Reinemo | Menn | M 14-15 | BÆKKELAGETS SPK | Finished | 00:38:42 | 55 | 4 |
| 9.63km | 38 | Joakim Eriksrud | Karlsen | Menn | M 14-15 | RUSTAD IL | Finished | 00:39:00 | 68 | 5 |
| 9.63km | 176 | Bendik Håland | Pedersen | Menn | M 14-15 | RUSTAD IL | Finished | 00:39:28 | 77 | 6 |
| 9.63km | 164 | Theo | Odegard | Menn | M 14-15 | RUSTAD IL | Finished | 00:40:34 | 95 | 7 |
| 9.63km | 455 | Jens | Høie | Menn | M 14-15 | RUSTAD IL | Finished | 00:41:02 | 105 | 9 |
| 9.63km | 448 | Magnus | Rabben Wessmann | Menn | M 14-15 | RUSTAD IL | Finished | 00:41:05 | 109 | 8 |
| 9.63km | 41 | Nicolas | Holmgren | Menn | M 14-15 | LØRENSKOG SKIKLUBB | Finished | 00:42:10 | 135 | 10 |
| 9.63km | 372 | Oskar | Frantzen Holte | Menn | M 14-15 | OSLO DØVES S.KL. | Finished | 00:43:17 | 165 | 11 |
| 9.63km | 378 | Jonas | Herbrandsen | Menn | M 14-15 | RUSTAD IL | Finished | 00:43:34 | 172 | 12 |
| 9.63km | 902 | Trym | Johansen | Menn | M 14-15 | BØLER IF | Finished | 00:47:44 | 308 | 13 |
| 9.63km | 473 | Tormod | Bratheim | Menn | M 14-15 | RUSTAD IL | Finished | 00:47:44 | 309 | 14 |
| 9.63km | 148 | Theodor Berre | Jacobsen | Menn | M 14-15 | BÆKKELAGET SK | Finished | 00:48:25 | 322 | 15 |
| 9.63km | 105 | Andreas Hoel | Sandsdalen | Menn | M 14-15 | RUSTAD IL | Finished | 00:49:33 | 347 | 16 |
| 9.63km | 777 | Magnus Rømuld | Sandham | Menn | M 14-15 | ASKIM IF SKI | Finished | 00:51:00 | 373 | 17 |
| 9.63km | 107 | Magnus Sandaas | Gill | Menn | M 14-15 | BØLER IF FRIIDRETT | Finished | 00:51:52 | 387 | 18 |
| 9.63km | 1464 | Kristoffer | Haugan | Menn | M 14-15 | TANGEN PS4 TEAM | Finished | 00:53:58 | 421 | 19 |
| 9.63km | 1432 | Oskar | Grønning | Menn | M 14-15 | PRIVAT | Finished | 00:58:39 | 470 | 20 |
| 9.63km | 37 | Iver | Tildheim Andersen | Menn | M 16-17 | RUSTAD IL | Finished | 00:35:52 | 15 | 1 |
| 9.63km | 61 | Amund | Riege | Menn | M 16-17 | RUSTAD IL | Finished | 00:36:14 | 21 | 2 |
| 9.63km | 201 | Einar Lund | Westgaard | Menn | M 16-17 | RUSTAD IL | Finished | 00:40:10 | 89 | 3 |
| 9.63km | 60 | Edvard August | Lund | Menn | M 16-17 | RUSTAD IL | Finished | 00:41:08 | 111 | 5 |
| 9.63km | 2 | Øystein Hoel | Sandsdalen | Menn | M 16-17 | RUSTAD IL | Finished | 00:41:12 | 112 | 6 |
| 9.63km | 55 | Lavran | Thorstensen | Menn | M 16-17 | OPPSAL ORIENTERING | Finished | 00:41:16 | 113 | 4 |
| 9.63km | 359 | Sindre | Schonhowd | Menn | M 16-17 | SVEA SKILAG | Finished | 00:41:32 | 117 | 7 |
| 9.63km | 34 | Christopher | Nygård | Menn | M 16-17 | RUSTAD IL | Finished | 00:42:06 | 131 | 8 |
| 9.63km | 83 | Theodor | Raaberg | Menn | M 16-17 | BØLER IF FRIIDRETT | Finished | 00:42:53 | 154 | 9 |
| 9.63km | 866 | Jarle | Kluge | Menn | M 16-17 | PRIVAT | Finished | 00:48:35 | 328 | 10 |
| 9.63km | 463 | Petter | Østreng | Menn | M 16-17 | SPORTSKLUBBEN VIDAR | Finished | 00:49:08 | 334 | 11 |
| 9.63km | 1244 | Benjamin | Borge | Menn | M 16-17 | ØSTMARKA IL | Finished | 00:57:56 | 462 | 12 |
| 9.63km | 145 | Tor Olav Nesheim | Hægeland | Menn | M 18-19 | RUSTAD IL | Finished | 00:34:50 | 7 | 1 |
| 9.63km | 6 | Lars | Sørensen | Menn | M 18-19 | RUSTAD IL | Finished | 00:34:59 | 8 | 2 |
| 9.63km | 28 | Joakim | Herbrandsen | Menn | M 18-19 | RUSTAD IL | Finished | 00:38:10 | 48 | 3 |
| 9.63km | 30 | Eldar Thomassen | Fagerbakke | Menn | M 18-19 | BØLER IF FRIIDRETT | Finished | 00:39:57 | 84 | 4 |
| 9.63km | 203 | Magnus | Harstveit | Menn | M 18-19 | RUSTAD IL | Finished | 00:42:45 | 151 | 5 |
| 9.63km | 719 | Markus | Gulbrandsen | Menn | M 18-19 | PRIVAT | Finished | 01:03:23 | 496 | 6 |
| 9.63km | 190 | Casper | Holtan | Menn | M 20-22 | PRIVAT | Finished | 00:40:57 | 103 | 1 |
| 9.63km | 1195 | Ole-Andreas | Brastad | Menn | M 20-22 | BØLER IF FRIIDRETT | Finished | 00:45:44 | 241 | 2 |
| 9.63km | 846 | Erik | Ilseeng | Menn | M 20-22 | PRIVAT | Finished | 00:46:15 | 260 | 3 |
| 9.63km | 4 | Anders Nøstdahl | Gløersen | Menn | M 23-34 | RUSTAD IL | Finished | 00:32:45 | 1 | 1 |
| 9.63km | 7 | Ulrik | Lolland | Menn | M 23-34 | MOSS IL | Finished | 00:33:15 | 3 | 2 |
| 9.63km | 5 | Hågen | Urseth | Menn | M 23-34 | FIK REN-ENG | Finished | 00:33:32 | 4 | 3 |
| 9.63km | 199 | Pål | Onsrud | Menn | M 23-34 | TEAM HELLIROA | Finished | 00:34:49 | 6 | 4 |
| 9.63km | 21 | Øyvind | Gløersen | Menn | M 23-34 | RUSTAD IL | Finished | 00:35:09 | 10 | 5 |
| 9.63km | 12 | Mathias | Moen | Menn | M 23-34 | CIBER BIL | Finished | 00:35:27 | 11 | 6 |
| 9.63km | 19 | Truls | Hestengen | Menn | M 23-34 | RUSTAD IL | Finished | 00:35:51 | 14 | 7 |
| 9.63km | 22 | Tony | Gjerde | Menn | M 23-34 | BØLER IF FRIIDRETT | Finished | 00:35:54 | 16 | 8 |
| 9.63km | 200 | Tor Jonas | Onsrud | Menn | M 23-34 | GJØVIK SKIKLUBB | Finished | 00:36:13 | 19 | 9 |
| 9.63km | 8 | Atle | Smenes | Menn | M 23-34 | RUSTAD IL | Finished | 00:36:14 | 20 | 11 |
| 9.63km | 221 | Kristian | Heggebø | Menn | M 23-34 | VINDAFJORD IL | Finished | 00:36:18 | 22 | 10 |
| 9.63km | 198 | Bjørnar | Slettvåg | Menn | M 23-34 | NORGES BANK IDRETTLAG | Finished | 00:36:22 | 24 | 12 |
| 9.63km | 26 | Vegard | Østli | Menn | M 23-34 | TRANSPORTØKONOMISK INSTI | Finished | 00:36:25 | 25 | 13 |
| 9.63km | 13 | Jonas | Brustad | Menn | M 23-34 | CIBER BIL | Finished | 00:36:48 | 26 | 15 |
| 9.63km | 196 | Morten | Sønsteby | Menn | M 23-34 | RUSTAD IL/TEAM OSLO SPORTS | Finished | 00:36:51 | 27 | 16 |
| 9.63km | 57 | Jonas | Askautrud | Menn | M 23-34 | FROSTA MULTISPORT | Finished | 00:36:54 | 28 | 14 |
| 9.63km | 14 | Axel | Pettersen | Menn | M 23-34 | PRIVAT | Finished | 00:37:30 | 35 | 17 |
| 9.63km | 56 | Torbjørn | Vala | Menn | M 23-34 | RUSTAD IL | Finished | 00:37:58 | 41 | 19 |
| 9.63km | 111 | Håvard Bratland | Karlsen | Menn | M 23-34 | HELT EGEN KLUBB | Finished | 00:38:00 | 42 | 21 |
| 9.63km | 48 | Per | Lunke | Menn | M 23-34 | IL I BUL | Finished | 00:38:00 | 43 | 18 |
| 9.63km | 206 | Andreas | Karlberg Pettersen | Menn | M 23-34 | WICKED WEDNESDAY | Finished | 00:38:01 | 44 | 20 |
| 9.63km | 225 | Sondre | Fossum | Menn | M 23-34 | | Finished | 00:38:09 | 46 | 22 |
| 9.63km | 25 | Jan Andreas | Edstrøm | Menn | M 23-34 | OPPSAL | Finished | 00:38:16 | 50 | 24 |
| 9.63km | 155 | Kristoffer | Slettholm | Menn | M 23-34 | PRIVAT | Finished | 00:38:20 | 51 | 23 |
| 9.63km | 495 | Eivind Odden | Solberg | Menn | M 23-34 | RUSTAD IL | Finished | 00:38:35 | 52 | 25 |
| 9.63km | 112 | Jens Kristian | Tosterud | Menn | M 23-34 | NORCONSULT BIL | Finished | 00:38:44 | 58 | 27 |
| 9.63km | 65 | Kristoffer | Nylund | Menn | M 23-34 | JIL GRORUD | Finished | 00:38:44 | 59 | 26 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|------------------|--------------------|-------|---------|-----------------------------|----------|----------|------------|-------------|
| 9.63km | 131 | Andreas | Fjell | Menn | M 23-34 | HENT | Finished | 00:38:51 | 62 | 28 |
| 9.63km | 143 | David | Olaussen | Menn | M 23-34 | PRIVAT | Finished | 00:38:53 | 63 | 30 |
| 9.63km | 484 | Quan | Pham | Menn | M 23-34 | PRIVAT | Finished | 00:38:54 | 65 | 29 |
| 9.63km | 163 | Henrik | Natvig | Menn | M 23-34 | NITTEDAL IL | Finished | 00:38:58 | 67 | 31 |
| 9.63km | 171 | Christian | Mykland | Menn | M 23-34 | SKATT ØST | Finished | 00:39:13 | 74 | 32 |
| 9.63km | 166 | Anders | Birkenes | Menn | M 23-34 | ØVREBØ | Finished | 00:39:19 | 75 | 34 |
| 9.63km | 204 | Anders | Gullhav | Menn | M 23-34 | VESTBYEN IL | Finished | 00:39:24 | 76 | 33 |
| 9.63km | 77 | Jørgen | Korum | Menn | M 23-34 | SYKEHUSET INNLANDET | Finished | 00:39:45 | 81 | 36 |
| 9.63km | 108 | Erik | Lunke | Menn | M 23-34 | PRIVAT | Finished | 00:39:52 | 83 | 35 |
| 9.63km | 153 | Hans-Kristian | Larsen | Menn | M 23-34 | TEAM MERIDA TRI / SPORTSKLI | Finished | 00:40:13 | 90 | 38 |
| 9.63km | 97 | Richard | Prestegård | Menn | M 23-34 | OPPSAL | Finished | 00:40:21 | 93 | 37 |
| 9.63km | 76 | Thor Andreas | Tangen | Menn | M 23-34 | TEAM RASKE GUTTER | Finished | 00:40:42 | 96 | 39 |
| 9.63km | 467 | Thomas | Ianke | Menn | M 23-34 | READY | Finished | 00:40:46 | 98 | 40 |
| 9.63km | 219 | Pål Inge | Synsfjell | Menn | M 23-34 | | Finished | 00:40:53 | 101 | 41 |
| 9.63km | 133 | Vegard | Hjelmstadbakk Valø | Menn | M 23-34 | MARKABYGDA IL | Finished | 00:40:59 | 104 | 42 |
| 9.63km | 138 | Kristian | Skaar | Menn | M 23-34 | PRIVAT | Finished | 00:41:02 | 106 | 43 |
| 9.63km | 58 | Morten | Mørland | Menn | M 23-34 | PRIVAT | Finished | 00:41:04 | 108 | 44 |
| 9.63km | 174 | Christer | Pedersen | Menn | M 23-34 | STERK HELSE | Finished | 00:41:22 | 115 | 45 |
| 9.63km | 469 | Kent Roger | Bakken | Menn | M 23-34 | PRIVAT | Finished | 00:41:27 | 116 | 46 |
| 9.63km | 66 | Bjørn Wiig | Kristiansen | Menn | M 23-34 | OBOS | Finished | 00:41:34 | 119 | 49 |
| 9.63km | 215 | Mats | Tidemandsen | Menn | M 23-34 | TEAM 4BRØDRE | Finished | 00:41:36 | 121 | 47 |
| 9.63km | 427 | Jørgen Hoff | Amundsen | Menn | M 23-34 | JØRGEN HOFF AMUNDSEN | Finished | 00:41:39 | 123 | 48 |
| 9.63km | 183 | Alexander | Moen | Menn | M 23-34 | SK RYE | Finished | 00:41:47 | 127 | 50 |
| 9.63km | 512 | Henning | Holm | Menn | M 23-34 | | Finished | 00:42:22 | 138 | 51 |
| 9.63km | 188 | Jonn Magnus | Nordahl | Menn | M 23-34 | PRIVAT | Finished | 00:42:30 | 145 | 53 |
| 9.63km | 872 | Walied | Aarab | Menn | M 23-34 | ARVID LARVIK LØPETEAM | Finished | 00:42:33 | 147 | 52 |
| 9.63km | 520 | Fredrik Granberg | Dahl | Menn | M 23-34 | | Finished | 00:42:53 | 155 | 54 |
| 9.63km | 381 | Rolf Sindre | Johansen Libakken | Menn | M 23-34 | PRIVAT | Finished | 00:43:00 | 157 | 57 |
| 9.63km | 69 | Even Buer | Løvås | Menn | M 23-34 | PRIVAT | Finished | 00:43:04 | 159 | 55 |
| 9.63km | 49 | Øystein | Haug | Menn | M 23-34 | RYE SP.KL. | Finished | 00:43:07 | 160 | 56 |
| 9.63km | 830 | Kristian | Hartmann | Menn | M 23-34 | | Finished | 00:43:13 | 161 | 58 |
| 9.63km | 142 | Nicolai Løland | Dolva | Menn | M 23-34 | LUND & CO ADVOKATFIRMA A | Finished | 00:43:13 | 163 | 59 |
| 9.63km | 36 | Gerrit | Karafiat | Menn | M 23-34 | METAL HAMMER NORWAY | Finished | 00:43:22 | 166 | 61 |
| 9.63km | 102 | Daniel Jørgen | Børseth | Menn | M 23-34 | PRIVAT | Finished | 00:43:26 | 168 | 62 |
| 9.63km | 89 | Vegar | Angelo | Menn | M 23-34 | PRIVAT | Finished | 00:43:27 | 169 | 60 |
| 9.63km | 1641 | Lars | Litleré | Menn | M 23-34 | FANA IL | Finished | 00:43:36 | 174 | 63 |
| 9.63km | 444 | Erik | Rød | Menn | M 23-34 | AAS-JAKOBSEN BIL | Finished | 00:43:40 | 176 | 64 |
| 9.63km | 186 | Bjarte | Eik-Nes | Menn | M 23-34 | SOLBERG & HANSEN | Finished | 00:44:07 | 187 | 65 |
| 9.63km | 191 | Anders | Blomberg Pedersen | Menn | M 23-34 | BLOMBERG PEDERSEN FYSIOTE | Finished | 00:44:13 | 190 | 66 |
| 9.63km | 189 | Henrik | Linnerud | Menn | M 23-34 | PRIVAT | Finished | 00:44:15 | 191 | 67 |
| 9.63km | 361 | Fabian | Gomez | Menn | M 23-34 | PRIVAT | Finished | 00:44:19 | 195 | 69 |
| 9.63km | 175 | Øyvind Esse | Berge | Menn | M 23-34 | PWC BIL | Finished | 00:44:24 | 196 | 68 |
| 9.63km | 335 | Anders | Langva | Menn | M 23-34 | FIRST GEO | Finished | 00:44:28 | 197 | 70 |
| 9.63km | 460 | Herman | Holtan | Menn | M 23-34 | PRIVAT | Finished | 00:44:46 | 205 | 71 |
| 9.63km | 87 | Tobias | Lillekvelland | Menn | M 23-34 | NORDSTRAND SPORTSSKYTTER | Finished | 00:44:54 | 211 | 72 |
| 9.63km | 390 | Magnus | Holthe | Menn | M 23-34 | MIKKELLER RUNNING CLUB OS | Finished | 00:45:01 | 216 | 73 |
| 9.63km | 226 | Robert | Johannesen | Menn | M 23-34 | | Finished | 00:45:05 | 219 | 74 |
| 9.63km | 333 | Geir Henrik Sund | Sæther | Menn | M 23-34 | HAMAR VEST DREAM TEAM | Finished | 00:45:08 | 221 | 75 |
| 9.63km | 459 | Odd Christer | Brovig | Menn | M 23-34 | PRIVAT | Finished | 00:45:19 | 225 | 76 |
| 9.63km | 487 | Petter | Aastad | Menn | M 23-34 | PRIVAT | Finished | 00:45:24 | 229 | 78 |
| 9.63km | 500 | Anders | Nygaard | Menn | M 23-34 | RSM NORGE BIL | Finished | 00:45:28 | 231 | 77 |
| 9.63km | 109 | Ronny | Solibakke | Menn | M 23-34 | MÅSEGEIS CONSULTING AS | Finished | 00:45:37 | 237 | 80 |
| 9.63km | 908 | Tommy | Øvrum | Menn | M 23-34 | LMF | Finished | 00:45:39 | 238 | 79 |
| 9.63km | 883 | Ådne | Øvergaard | Menn | M 23-34 | STERK HELSE | Finished | 00:45:46 | 242 | 82 |
| 9.63km | 321 | Atle | Kolbeinstveit | Menn | M 23-34 | PRIVAT | Finished | 00:45:51 | 246 | 81 |
| 9.63km | 116 | Even | Skilbrigt | Menn | M 23-34 | MATTILSYNET | Finished | 00:46:14 | 257 | 84 |
| 9.63km | 352 | Diego | Gonzalez | Menn | M 23-34 | SMELLS LIKE TEAM SPIRIT | Finished | 00:46:14 | 258 | 85 |
| 9.63km | 356 | Kjetil | Hovden | Menn | M 23-34 | PRIVAT | Finished | 00:46:16 | 261 | 86 |
| 9.63km | 50 | Henrik | Harsem | Menn | M 23-34 | ASPLAN VIAK | Finished | 00:46:16 | 262 | 83 |
| 9.63km | 445 | Øyvind | Bredvold | Menn | M 23-34 | PRIVAT | Finished | 00:46:30 | 267 | 87 |
| 9.63km | 375 | Erling Pande | Braathen | Menn | M 23-34 | HIOA IL | Finished | 00:46:33 | 268 | 88 |
| 9.63km | 376 | Erik Sebastian | Vik | Menn | M 23-34 | PRIVAT | Finished | 00:46:37 | 271 | 89 |
| 9.63km | 316 | Fredrik Skaug | Fadnes | Menn | M 23-34 | NORCONSULT BIL | Finished | 00:46:49 | 273 | 90 |
| 9.63km | 393 | Arne | Bjune | Menn | M 23-34 | PRIVAT | Finished | 00:46:50 | 275 | 91 |
| 9.63km | 96 | Mads | Høgberget | Menn | M 23-34 | VERITAS BIL | Finished | 00:47:11 | 285 | 92 |
| 9.63km | 504 | Kim Lamin | Stenseth | Menn | M 23-34 | | Finished | 00:47:12 | 287 | 93 |
| 9.63km | 410 | Magnus | Jerre | Menn | M 23-34 | CIBER BIL | Finished | 00:47:14 | 288 | 94 |
| 9.63km | 303 | Håkon | Røkenes | Menn | M 23-34 | PRIVAT | Finished | 00:47:22 | 296 | 95 |
| 9.63km | 904 | Morgan | Moen | Menn | M 23-34 | STERK | Finished | 00:47:29 | 297 | 96 |
| 9.63km | 1245 | Stian Fischer | Eriksen | Menn | M 23-34 | STIAN ERIKSEN | Finished | 00:47:35 | 303 | 97 |
| 9.63km | 397 | Aleksander | Skøyeneie | Menn | M 23-34 | PRIVAT | Finished | 00:47:51 | 311 | 98 |
| 9.63km | 722 | Pavlo | Prykhodko | Menn | M 23-34 | CIBER BIL | Finished | 00:48:10 | 315 | 99 |
| 9.63km | 403 | Christoffer | Wang | Menn | M 23-34 | PRIVAT | Finished | 00:48:20 | 319 | 100 |
| 9.63km | 757 | Espen | Stokkereit | Menn | M 23-34 | PRIVAT | Finished | 00:48:23 | 320 | 101 |
| 9.63km | 456 | Audun | De Flon | Menn | M 23-34 | NAF | Finished | 00:48:24 | 321 | 104 |
| 9.63km | 909 | Espen Aas | Sviland | Menn | M 23-34 | HAFSLUND NETT | Finished | 00:48:27 | 324 | 103 |
| 9.63km | 831 | Mohsin | Ramani | Menn | M 23-34 | HYDRO OSLO BIL | Finished | 00:48:27 | 325 | 102 |
| 9.63km | 416 | Kjetil | Landsverk | Menn | M 23-34 | PRIVAT | Finished | 00:48:50 | 331 | 105 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|------------------|-------------------|-------|---------|------------------------------|----------|----------|------------|-------------|
| 9.63km | 462 | Andreas | Kristiansen | Menn | M 23-34 | PRIVAT | Finished | 00:49:05 | 333 | 108 |
| 9.63km | 472 | Herman | Otterlei | Menn | M 23-34 | SOLBERG & HANSEN | Finished | 00:49:16 | 337 | 106 |
| 9.63km | 411 | Magnus | Moltzau | Menn | M 23-34 | CIBER BIL | Finished | 00:49:21 | 338 | 107 |
| 9.63km | 419 | Håkon | Brevik | Menn | M 23-34 | PRIVAT | Finished | 00:49:27 | 342 | 109 |
| 9.63km | 750 | Espen | Nystad | Menn | M 23-34 | RUSTAD IL | Finished | 00:50:22 | 361 | 110 |
| 9.63km | 1131 | Magnus | Dahl | Menn | M 23-34 | MAGNUS DAHL | Finished | 00:50:28 | 363 | 111 |
| 9.63km | 839 | Jonas | Kosberg | Menn | M 23-34 | MATTILSYNET | Finished | 00:50:38 | 365 | 112 |
| 9.63km | 951 | Håkon | Kristiansen | Menn | M 23-34 | | Finished | 00:50:45 | 368 | 113 |
| 9.63km | 1236 | Hung Chi | Nguyen | Menn | M 23-34 | OBOS | Finished | 00:50:58 | 372 | 114 |
| 9.63km | 1241 | Christian | Flatum | Menn | M 23-34 | PRIVAT | Finished | 00:51:10 | 376 | 116 |
| 9.63km | 470 | Kenneth | Halvorsen | Menn | M 23-34 | OBOS | Finished | 00:51:12 | 377 | 117 |
| 9.63km | 745 | Anders Enerhaug | Lunde | Menn | M 23-34 | HYDRO OSLO BIL | Finished | 00:51:13 | 378 | 115 |
| 9.63km | 702 | Eirik | Syversen | Menn | M 23-34 | PRIVAT | Finished | 00:51:57 | 388 | 118 |
| 9.63km | 737 | Kristian Lødemel | Sandberg | Menn | M 23-34 | PRIVAT | Finished | 00:52:06 | 393 | 119 |
| 9.63km | 1226 | Feras | Gharbawi | Menn | M 23-34 | PRIVAT | Finished | 00:52:32 | 395 | 120 |
| 9.63km | 810 | Kyrre | Eriksen | Menn | M 23-34 | CIBER BIL | Finished | 00:52:36 | 396 | 121 |
| 9.63km | 363 | Tore | Lervik | Menn | M 23-34 | BEKK | Finished | 00:52:43 | 400 | 123 |
| 9.63km | 402 | Erik | Wendel | Menn | M 23-34 | BEKK CONSULTING | Finished | 00:53:01 | 406 | 122 |
| 9.63km | 1403 | Andreas | Bibow Handeland | Menn | M 23-34 | NAF KONDIS | Finished | 00:53:47 | 418 | 124 |
| 9.63km | 23 | Sveinung | Dalatun | Menn | M 23-34 | BEKK | Finished | 00:53:58 | 422 | 126 |
| 9.63km | 721 | Ole Henrik | Hiorth | Menn | M 23-34 | KLASSIKERKLUBBEN | Finished | 00:54:03 | 423 | 125 |
| 9.63km | 854 | Ola | Swensson | Menn | M 23-34 | PRIVAT | Finished | 00:54:15 | 429 | 127 |
| 9.63km | 735 | Eirik | Sætre | Menn | M 23-34 | KRAV MAGA ACADEMY OSLO | Finished | 00:54:33 | 434 | 128 |
| 9.63km | 837 | Christian | Dahl | Menn | M 23-34 | MATTILSYNET | Finished | 00:55:02 | 437 | 129 |
| 9.63km | 703 | Arne | Berg | Menn | M 23-34 | RAVN B.I.L. | Finished | 00:55:17 | 441 | 130 |
| 9.63km | 1234 | Tommy | Madsen | Menn | M 23-34 | BEKK CONSULTING | Finished | 00:55:29 | 443 | 131 |
| 9.63km | 398 | Sigvald | Karlsen | Menn | M 23-34 | PRIVAT | Finished | 00:55:43 | 446 | 132 |
| 9.63km | 195 | Kirill | Semenov | Menn | M 23-34 | PRIVAT | Finished | 00:55:48 | 447 | 133 |
| 9.63km | 1439 | Jon-Ivar | Smiseth | Menn | M 23-34 | STERK - HELSE TRENING OG KO | Finished | 00:56:10 | 450 | 134 |
| 9.63km | 1478 | Philip Dickopf | Eliassen | Menn | M 23-34 | LC ELEKTRO | Finished | 00:56:34 | 453 | 135 |
| 9.63km | 1430 | Arild | Sveen | Menn | M 23-34 | MATTILSYNET | Finished | 00:57:22 | 456 | 137 |
| 9.63km | 1518 | Joel | Eriksson | Menn | M 23-34 | | Finished | 00:57:23 | 457 | 136 |
| 9.63km | 1237 | Petter | Stadsøy | Menn | M 23-34 | TEAMPLØYE | Finished | 00:57:45 | 460 | 138 |
| 9.63km | 1243 | Tahir | Hussain | Menn | M 23-34 | ØSTMARKA IL | Finished | 00:57:56 | 463 | 139 |
| 9.63km | 1413 | Anders | Husa | Menn | M 23-34 | SWECO NORGE | Finished | 00:58:03 | 464 | 141 |
| 9.63km | 827 | Peyman | Fard | Menn | M 23-34 | PRIVAT | Finished | 00:58:05 | 465 | 140 |
| 9.63km | 1203 | Henning Emil | Berg Heyerdahl | Menn | M 23-34 | NORGE | Finished | 00:58:45 | 471 | 142 |
| 9.63km | 1147 | Espen | Vermundsberget | Menn | M 23-34 | PRIVAT | Finished | 00:58:47 | 472 | 143 |
| 9.63km | 1145 | Gaute | Dekko | Menn | M 23-34 | PRIVAT | Finished | 00:58:47 | 473 | 144 |
| 9.63km | 1493 | Eivind | Egge | Menn | M 23-34 | SSB | Finished | 00:59:36 | 480 | 145 |
| 9.63km | 1463 | Vegard | Hovland | Menn | M 23-34 | AIRSPED BIL | Finished | 01:00:22 | 485 | 146 |
| 9.63km | 1494 | Nils Martin | Silvola | Menn | M 23-34 | PRIVAT | Finished | 01:01:22 | 489 | 147 |
| 9.63km | 760 | Sindre | Løken | Menn | M 23-34 | PRIVAT | Finished | 01:01:45 | 491 | 148 |
| 9.63km | 1113 | Marius | Ramsrud | Menn | M 23-34 | TEAM RAMSRUD | Finished | 01:04:10 | 497 | 149 |
| 9.63km | 899 | Anders | Wold | Menn | M 23-34 | FRAMBU BIL | Finished | 01:06:01 | 501 | 150 |
| 9.63km | 330 | Trond | Engell | Menn | M 23-34 | CIBER BIL | Finished | 01:10:20 | 505 | 151 |
| 9.63km | 1513 | Joseph | Bergseth | Menn | M 23-34 | | Finished | 01:25:45 | 514 | 152 |
| 9.63km | 1224 | Richard | Tingstad | Menn | M 23-34 | PRIVAT | Finished | 01:43:58 | 516 | 153 |
| 9.63km | 222 | Håvard | Solberg | Menn | M 35-39 | | Finished | 00:33:09 | 2 | 1 |
| 9.63km | 217 | Inge | Hasund | Menn | M 35-39 | BØLER IF FRIIDRETT | Finished | 00:33:41 | 5 | 2 |
| 9.63km | 218 | Harald | Skarpeteig | Menn | M 35-39 | BØLER IF FRIIDRETT | Finished | 00:36:04 | 17 | 3 |
| 9.63km | 1 | Per Erik | Monsrud | Menn | M 35-39 | PRIVAT | Finished | 00:36:56 | 29 | 4 |
| 9.63km | 149 | Sverre | Stræth | Menn | M 35-39 | MOSS SKIKLUBB / VEIDEKKE BII | Finished | 00:37:28 | 34 | 5 |
| 9.63km | 167 | Stig Arve | Malmedal | Menn | M 35-39 | BANKENES SIKRINGSFOND | Finished | 00:38:10 | 47 | 6 |
| 9.63km | 160 | Torbjørn | Høvde | Menn | M 35-39 | ØSTMARKA MJØD OG KNIVSTI | Finished | 00:38:48 | 60 | 7 |
| 9.63km | 64 | Kristoffer | Askautrud | Menn | M 35-39 | MOSS CK | Finished | 00:39:02 | 69 | 8 |
| 9.63km | 120 | Yuanjie | Ding | Menn | M 35-39 | BØLER IF FRIIDRETT | Finished | 00:40:05 | 87 | 9 |
| 9.63km | 173 | Stian | Overskeid | Menn | M 35-39 | PRIVAT | Finished | 00:40:49 | 100 | 10 |
| 9.63km | 194 | Ole Martin | Ihle | Menn | M 35-39 | FEELGOOD | Finished | 00:41:04 | 107 | 11 |
| 9.63km | 209 | Frode | Hopstad | Menn | M 35-39 | PRIVAT | Finished | 00:41:49 | 128 | 12 |
| 9.63km | 98 | Ole Christian | Lien | Menn | M 35-39 | BRANDVAL/KONGSVINGER OK | Finished | 00:41:53 | 130 | 13 |
| 9.63km | 515 | Anders | Galaasen | Menn | M 35-39 | | Finished | 00:42:07 | 132 | 15 |
| 9.63km | 305 | Ola | Stigum | Menn | M 35-39 | HVAM IL RUNNERS | Finished | 00:42:11 | 136 | 16 |
| 9.63km | 506 | Lars | Woldsengen | Menn | M 35-39 | | Finished | 00:42:21 | 137 | 14 |
| 9.63km | 332 | Martin | Holmelin | Menn | M 35-39 | PRIVAT | Finished | 00:42:23 | 139 | 17 |
| 9.63km | 180 | Øyvind | Raaen | Menn | M 35-39 | RAAEN TWINS TEAM | Finished | 00:43:13 | 162 | 18 |
| 9.63km | 117 | Simen | Weiby | Menn | M 35-39 | DNB BIL | Finished | 00:43:41 | 178 | 19 |
| 9.63km | 327 | Johannes | Sørbo | Menn | M 35-39 | NAV KUNNSKAP | Finished | 00:43:57 | 183 | 21 |
| 9.63km | 313 | Kristian | Stenrud | Menn | M 35-39 | PRIVAT | Finished | 00:44:00 | 184 | 20 |
| 9.63km | 380 | Gaute | Sandal | Menn | M 35-39 | PRIVAT | Finished | 00:44:28 | 198 | 22 |
| 9.63km | 312 | Truls | Wang-Johannessen | Menn | M 35-39 | PRIVAT | Finished | 00:44:30 | 199 | 23 |
| 9.63km | 212 | Endre | Skjelbred Refsdal | Menn | M 35-39 | PRIVAT | Finished | 00:44:41 | 204 | 24 |
| 9.63km | 496 | Eirik Gjessing | Lind | Menn | M 35-39 | JON BLUND IL | Finished | 00:45:03 | 218 | 25 |
| 9.63km | 516 | Gunnar | Treldal | Menn | M 35-39 | | Finished | 00:45:49 | 244 | 26 |
| 9.63km | 731 | Pål-Jørgen | Kyllesø | Menn | M 35-39 | PRIVAT | Finished | 00:46:26 | 265 | 27 |
| 9.63km | 912 | Jørgen Stav | Helgheim | Menn | M 35-39 | NCG | Finished | 00:46:28 | 266 | 28 |
| 9.63km | 350 | Rune | Børstad | Menn | M 35-39 | ML | Finished | 00:46:53 | 277 | 29 |
| 9.63km | 518 | Ole Kristian | Aas | Menn | M 35-39 | | Finished | 00:46:53 | 278 | 30 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|-----------------|----------------|-------|---------|----------------------------|----------|----------|------------|-------------|
| 9.63km | 370 | Geir | Hansen | Menn | M 35-39 | TEAM HANSEN | Finished | 00:47:04 | 282 | 32 |
| 9.63km | 436 | Fredrik | Gaustad | Menn | M 35-39 | TEAM-ESVIS | Finished | 00:47:05 | 284 | 31 |
| 9.63km | 169 | Gorm | Nøkleby | Menn | M 35-39 | KJEKKAS IF | Finished | 00:47:15 | 291 | 35 |
| 9.63km | 345 | Håvard | Johansen | Menn | M 35-39 | MATTILSYNET | Finished | 00:47:19 | 294 | 34 |
| 9.63km | 382 | Morgan | Hovden | Menn | M 35-39 | BLODSMAK SPORTSKLUBB / RY | Finished | 00:47:46 | 310 | 33 |
| 9.63km | 118 | Olivier | Girardot | Menn | M 35-39 | HYDRO OSLO BIL | Finished | 00:48:13 | 316 | 36 |
| 9.63km | 1238 | Christoph | Langer | Menn | M 35-39 | PRIVAT | Finished | 00:48:19 | 318 | 37 |
| 9.63km | 302 | Tobias | Knøsmoen | Menn | M 35-39 | PRIVAT | Finished | 00:48:27 | 323 | 38 |
| 9.63km | 818 | Kristoffer | Engh | Menn | M 35-39 | PRIVAT | Finished | 00:49:25 | 340 | 41 |
| 9.63km | 880 | Vegard | Bjerkvik | Menn | M 35-39 | OVERTRÅKK IL | Finished | 00:49:26 | 341 | 40 |
| 9.63km | 785 | Peder Ludvig | Sætre | Menn | M 35-39 | PRIVAT | Finished | 00:49:32 | 345 | 39 |
| 9.63km | 519 | Bjørn Gaarder | Johansen | Menn | M 35-39 | | Finished | 00:49:35 | 348 | 43 |
| 9.63km | 726 | Rudy | Van Oevelen | Menn | M 35-39 | FIK ORION | Finished | 00:49:35 | 349 | 42 |
| 9.63km | 367 | Robert | Hansen | Menn | M 35-39 | TEAM HANSEN | Finished | 00:49:52 | 352 | 44 |
| 9.63km | 759 | André | Sjåsæt | Menn | M 35-39 | PRIVAT | Finished | 00:49:58 | 353 | 46 |
| 9.63km | 319 | Andreas Tørå | Hagli | Menn | M 35-39 | OSLOFJORD TRIATLON | Finished | 00:50:02 | 356 | 45 |
| 9.63km | 768 | Magnus | Egeberg | Menn | M 35-39 | MAGNUS EGEBERG | Finished | 00:50:22 | 362 | 47 |
| 9.63km | 851 | Per Erik | Naavik | Menn | M 35-39 | BLODSMAK SK | Finished | 00:50:43 | 366 | 48 |
| 9.63km | 730 | Stig | Opstad | Menn | M 35-39 | PRIVAT | Finished | 00:50:48 | 369 | 49 |
| 9.63km | 782 | Nils Olav | Refsdal | Menn | M 35-39 | PRIVAT | Finished | 00:51:03 | 375 | 50 |
| 9.63km | 404 | Peer Morten | Løchting | Menn | M 35-39 | TEAM HAUKEN | Finished | 00:51:16 | 380 | 51 |
| 9.63km | 879 | Torstein | Jensen | Menn | M 35-39 | TEAM JENSEN | Finished | 00:52:36 | 397 | 52 |
| 9.63km | 1149 | Jørgen | Dahl | Menn | M 35-39 | PRIVAT | Finished | 00:52:38 | 398 | 53 |
| 9.63km | 1175 | Freddy | Vollebekk | Menn | M 35-39 | PRIVAT | Finished | 00:52:52 | 401 | 55 |
| 9.63km | 425 | Sigve | Saltveit | Menn | M 35-39 | PRIVAT | Finished | 00:52:57 | 402 | 54 |
| 9.63km | 438 | Knut | Dørve | Menn | M 35-39 | PRIVAT | Finished | 00:53:21 | 413 | 56 |
| 9.63km | 1230 | Ruben | Schandy | Menn | M 35-39 | VÅLER FYSIOTERAPI | Finished | 00:53:32 | 415 | 57 |
| 9.63km | 739 | Roger | Muldbakken | Menn | M 35-39 | SPORVEIEN | Finished | 00:53:45 | 417 | 58 |
| 9.63km | 1163 | Sigurd | Iversen | Menn | M 35-39 | PRIVAT | Finished | 00:54:11 | 424 | 59 |
| 9.63km | 1409 | Memehru | Melkamu | Menn | M 35-39 | PRIVAT | Finished | 00:58:24 | 467 | 60 |
| 9.63km | 1228 | Asbjørn | Hansen | Menn | M 35-39 | PRIVAT | Finished | 00:58:30 | 468 | 61 |
| 9.63km | 807 | Frithjof Hein | Løvik | Menn | M 35-39 | ØSTMARKA IL TRIATHLON | Finished | 00:58:32 | 469 | 62 |
| 9.63km | 1210 | Anders | Skifte | Menn | M 35-39 | PRIVAT | Finished | 01:00:49 | 487 | 63 |
| 9.63km | 1475 | Atle | Sikkerbøl | Menn | M 35-39 | PRIVAT | Finished | 01:05:06 | 498 | 64 |
| 9.63km | 1517 | Frid | Aulund | Menn | M 35-39 | | Finished | 01:11:52 | 506 | 65 |
| 9.63km | 1455 | Mads | Friberg | Menn | M 35-39 | MADS FRIBERG | Finished | 01:20:31 | 513 | 66 |
| 9.63km | 17 | Knut | Nordviken | Menn | M 40-44 | SK VIDAR | Finished | 00:35:08 | 9 | 1 |
| 9.63km | 29 | Øyvind | Mehus Sjursen | Menn | M 40-44 | BØLER IF FRIIDRETT | Finished | 00:35:42 | 12 | 2 |
| 9.63km | 146 | Ole Andre | Hagen | Menn | M 40-44 | RUSTAD IL | Finished | 00:36:21 | 23 | 3 |
| 9.63km | 10 | Roger | Thompson | Menn | M 40-44 | DRIV IL / TEAM SPORTSMANDE | Finished | 00:37:06 | 31 | 4 |
| 9.63km | 73 | Morten | Omland | Menn | M 40-44 | KJELSÅS IL | Finished | 00:37:38 | 37 | 5 |
| 9.63km | 220 | Mads | Blomfeldt | Menn | M 40-44 | BDO | Finished | 00:38:08 | 45 | 6 |
| 9.63km | 53 | Dag Thomas | Hansson | Menn | M 40-44 | DLA PIPER | Finished | 00:38:50 | 61 | 8 |
| 9.63km | 162 | Vegard | Brox | Menn | M 40-44 | BØLER IF FRIIDRETT | Finished | 00:38:55 | 66 | 10 |
| 9.63km | 158 | Sigve | Vågsnes | Menn | M 40-44 | BEKK CONSULTING | Finished | 00:39:04 | 70 | 9 |
| 9.63km | 157 | Anders | Rønnevig | Menn | M 40-44 | RØA/DNB | Finished | 00:39:05 | 72 | 7 |
| 9.63km | 27 | Thomas | Tronstad | Menn | M 40-44 | OBOS | Finished | 00:39:07 | 73 | 11 |
| 9.63km | 54 | Arne | Brørs | Menn | M 40-44 | MATTILSYNET | Finished | 00:39:33 | 79 | 12 |
| 9.63km | 33 | Kenneth | Hertaas | Menn | M 40-44 | HAUGERÅSEN IL | Finished | 00:39:36 | 80 | 13 |
| 9.63km | 63 | Espen | Bago | Menn | M 40-44 | BØLER IF FRIIDRETT | Finished | 00:40:00 | 85 | 14 |
| 9.63km | 454 | Marius | Haug | Menn | M 40-44 | DRIV IL | Finished | 00:40:43 | 97 | 15 |
| 9.63km | 129 | Øyvind | Kvernen | Menn | M 40-44 | TEAM SPORT 1 STORGATA / TE | Finished | 00:41:17 | 114 | 16 |
| 9.63km | 62 | Vegar | Svendgård | Menn | M 40-44 | FIK REN-ENG | Finished | 00:41:32 | 118 | 17 |
| 9.63km | 92 | Joakim | Østbye | Menn | M 40-44 | PRIVAT | Finished | 00:41:43 | 125 | 18 |
| 9.63km | 47 | Stig | Framnes | Menn | M 40-44 | RUSTAD IL | Finished | 00:41:46 | 126 | 19 |
| 9.63km | 442 | Alejandro | Velasquez | Menn | M 40-44 | BØLER IF FRIIDRETT | Finished | 00:42:08 | 134 | 20 |
| 9.63km | 346 | Niklas | Haglund | Menn | M 40-44 | OSLO FJORD TRIATHLON | Finished | 00:42:26 | 140 | 22 |
| 9.63km | 113 | Espen | Dåsvand | Menn | M 40-44 | PRIVAT | Finished | 00:42:27 | 141 | 21 |
| 9.63km | 88 | Helge Grenager | Solheim | Menn | M 40-44 | RUSTAD IL | Finished | 00:42:44 | 150 | 23 |
| 9.63km | 136 | Øystein | Garnes | Menn | M 40-44 | IRONINGMAN THRIATHLON | Finished | 00:43:44 | 179 | 24 |
| 9.63km | 434 | Martin | Weider | Menn | M 40-44 | TEAM OCR NORWAY | Finished | 00:43:52 | 181 | 25 |
| 9.63km | 79 | Endre | Guriby | Menn | M 40-44 | EURO BUSINESS SCHOOL | Finished | 00:44:01 | 185 | 26 |
| 9.63km | 100 | Petter | Raaberg | Menn | M 40-44 | NORDEA | Finished | 00:44:12 | 189 | 27 |
| 9.63km | 179 | Thomas | Brenni | Menn | M 40-44 | ROMERIKE ULTRALØPERKLUBB | Finished | 00:44:36 | 202 | 28 |
| 9.63km | 497 | Håkon Gjessing | Karlsen | Menn | M 40-44 | PRIVAT | Finished | 00:44:36 | 203 | 30 |
| 9.63km | 208 | Andreas | Reinhardt | Menn | M 40-44 | ICECUBE MEDIA | Finished | 00:44:47 | 206 | 29 |
| 9.63km | 135 | Pål Jørgen | Bakke | Menn | M 40-44 | DNB | Finished | 00:44:47 | 208 | 31 |
| 9.63km | 415 | Pål | Nordseth | Menn | M 40-44 | PRIVAT | Finished | 00:44:58 | 214 | 32 |
| 9.63km | 732 | Anders Petterød | Halvorsen | Menn | M 40-44 | ECONA | Finished | 00:45:13 | 222 | 33 |
| 9.63km | 130 | Alf Inge | Cleve-Stiansen | Menn | M 40-44 | LEADING EDGE | Finished | 00:45:18 | 224 | 35 |
| 9.63km | 193 | Torgrim | Lid | Menn | M 40-44 | FORSVARET KOLSÅS BIL | Finished | 00:45:21 | 226 | 34 |
| 9.63km | 85 | Rasmus | Evrin | Menn | M 40-44 | BÆKKELAGETS SK | Finished | 00:45:22 | 227 | 38 |
| 9.63km | 443 | Torbjørn | Blomsnes | Menn | M 40-44 | NEXANS NORWAY AS | Finished | 00:45:23 | 228 | 36 |
| 9.63km | 450 | Christian | Elsebutangen | Menn | M 40-44 | ROMERIKE ULTRALØPERKLUBB | Finished | 00:45:27 | 230 | 39 |
| 9.63km | 428 | Leif Erik | Grønning | Menn | M 40-44 | SKJETTEN SVØMMING TRIATHL | Finished | 00:45:28 | 232 | 37 |
| 9.63km | 505 | Ole-Martin | Bere | Menn | M 40-44 | | Finished | 00:45:34 | 235 | 40 |
| 9.63km | 503 | Are | Meisfjord | Menn | M 40-44 | TRIPLETEX | Finished | 00:45:34 | 236 | 42 |
| 9.63km | 501 | Andreas | Hisdal | Menn | M 40-44 | | Finished | 00:45:43 | 240 | 41 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|------------------|-------------|-------|---------|------------------------------|----------|----------|------------|-------------|
| 9.63km | 373 | Thomas F | Lien | Menn | M 40-44 | PRIVAT | Finished | 00:45:53 | 247 | 43 |
| 9.63km | 306 | Brian | Jørgensen | Menn | M 40-44 | PRIVAT | Finished | 00:45:53 | 248 | 45 |
| 9.63km | 806 | Lemma | Desta | Menn | M 40-44 | PRIVAT | Finished | 00:46:09 | 253 | 46 |
| 9.63km | 509 | Sven Ivar | Sanstøl | Menn | M 40-44 | BEKKELAGET | Finished | 00:46:10 | 256 | 47 |
| 9.63km | 956 | David | Hemmingsen | Menn | M 40-44 | KREFTFORENINGEN | Finished | 00:46:14 | 259 | 44 |
| 9.63km | 1254 | Tomas | Kristensen | Menn | M 40-44 | OSLO TURNFORENING | Finished | 00:46:22 | 263 | 48 |
| 9.63km | 101 | Nikolai | Olsen | Menn | M 40-44 | SOBIL | Finished | 00:46:39 | 272 | 49 |
| 9.63km | 891 | Kenneth | Antonsen | Menn | M 40-44 | SK RYE - SBM LIFE SCIENCE AB | Finished | 00:46:56 | 280 | 50 |
| 9.63km | 492 | Hans | Aaseth | Menn | M 40-44 | PRIVAT | Finished | 00:47:15 | 290 | 51 |
| 9.63km | 308 | Tom | Ljosåk | Menn | M 40-44 | TEAM PROSJEKTMESTER | Finished | 00:47:29 | 298 | 52 |
| 9.63km | 433 | John Rickard | Johansen | Menn | M 40-44 | PRIVAT | Finished | 00:47:55 | 312 | 55 |
| 9.63km | 786 | Tom-Erik | Valsø | Menn | M 40-44 | ACANDO BUSS | Finished | 00:48:01 | 313 | 53 |
| 9.63km | 336 | Kyrre | Hansen | Menn | M 40-44 | PRIVAT | Finished | 00:48:03 | 314 | 54 |
| 9.63km | 141 | Helge | Andersen | Menn | M 40-44 | PRIVAT | Finished | 00:48:14 | 317 | 56 |
| 9.63km | 341 | Nils Arne | Råsholm | Menn | M 40-44 | PRIVAT | Finished | 00:48:31 | 327 | 57 |
| 9.63km | 99 | Morten | Midttun | Menn | M 40-44 | CIBER BIL | Finished | 00:49:10 | 335 | 59 |
| 9.63km | 406 | Terje | Ropstad | Menn | M 40-44 | PRIVAT | Finished | 00:49:12 | 336 | 58 |
| 9.63km | 340 | Andreas | Solberg | Menn | M 40-44 | HOLA | Finished | 00:49:22 | 339 | 60 |
| 9.63km | 421 | Eirik | Vassvåg | Menn | M 40-44 | SCANDINAVIAN STOCKPHOTO | Finished | 00:49:30 | 344 | 61 |
| 9.63km | 771 | Per Thomas | Hille | Menn | M 40-44 | KONGSBERG NORSPACE | Finished | 00:49:58 | 355 | 62 |
| 9.63km | 1429 | Joachim | Johnsen | Menn | M 40-44 | MATTILSYNET | Finished | 00:51:02 | 374 | 63 |
| 9.63km | 1256 | Adnan | Majelp | Menn | M 40-44 | | Finished | 00:51:30 | 384 | 64 |
| 9.63km | 81 | Ole Rabbit | Ribe | Menn | M 40-44 | VVS&BAD | Finished | 00:52:02 | 390 | 65 |
| 9.63km | 794 | Atle Onar | Knapskog | Menn | M 40-44 | PRIVAT | Finished | 00:53:00 | 404 | 67 |
| 9.63km | 907 | Rune | Taranger | Menn | M 40-44 | PRIVAT | Finished | 00:53:01 | 405 | 69 |
| 9.63km | 738 | Jun | Qiao | Menn | M 40-44 | DNB BIL | Finished | 00:53:08 | 410 | 66 |
| 9.63km | 752 | Morten Joachim | Henriksen | Menn | M 40-44 | PRIVAT | Finished | 00:53:15 | 411 | 68 |
| 9.63km | 804 | Tor S. | Mehus | Menn | M 40-44 | PRIVAT | Finished | 00:53:30 | 414 | 70 |
| 9.63km | 343 | Atle | Nikolaisen | Menn | M 40-44 | PROTECTOR FORSIKRING | Finished | 00:53:56 | 420 | 71 |
| 9.63km | 1462 | Vegard | Tvedt | Menn | M 40-44 | AIRSPED BIL | Finished | 00:54:11 | 425 | 73 |
| 9.63km | 852 | Inge | Halvorsen | Menn | M 40-44 | BEKKELAGET | Finished | 00:54:14 | 428 | 72 |
| 9.63km | 439 | Yuriy | Pylypchenko | Menn | M 40-44 | PRIVAT | Finished | 00:54:37 | 435 | 74 |
| 9.63km | 310 | Jan Tore | Hauger | Menn | M 40-44 | TYRILI | Finished | 00:54:47 | 436 | 75 |
| 9.63km | 1240 | Pettter | Breigutu | Menn | M 40-44 | HOLTET ATHLETICS | Finished | 00:55:12 | 439 | 76 |
| 9.63km | 1102 | Harald | Hoff | Menn | M 40-44 | HOFF ELECTRONICS | Finished | 00:57:34 | 459 | 77 |
| 9.63km | 910 | Erik | Landa | Menn | M 40-44 | BIF | Finished | 00:58:59 | 476 | 78 |
| 9.63km | 774 | Andre | Weydahl | Menn | M 40-44 | PRIVAT | Finished | 00:59:12 | 478 | 79 |
| 9.63km | 795 | Frode | Nordgulen | Menn | M 40-44 | PRIVAT | Finished | 01:06:43 | 503 | 80 |
| 9.63km | 733 | Per Christian | Rogdar | Menn | M 40-44 | ECONA | Finished | 01:12:34 | 508 | 81 |
| 9.63km | 197 | Jon | Ilseeng | Menn | M 45-49 | BØLER IF FRIDRETT | Finished | 00:36:13 | 18 | 1 |
| 9.63km | 147 | Jon Nordahl | Didriksen | Menn | M 45-49 | PRIVAT | Finished | 00:36:57 | 30 | 2 |
| 9.63km | 144 | Sten Åge | Nygårdseter | Menn | M 45-49 | VEGÅRSHEI I.L. | Finished | 00:37:13 | 32 | 3 |
| 9.63km | 16 | Ole Kristian | Sørland | Menn | M 45-49 | TEAM O&O | Finished | 00:37:26 | 33 | 4 |
| 9.63km | 165 | Torbjørn | Hægeland | Menn | M 45-49 | RUSTAD IL - NORGES BANK | Finished | 00:37:42 | 38 | 5 |
| 9.63km | 224 | Pål-Andre | Lund | Menn | M 45-49 | | Finished | 00:37:55 | 40 | 6 |
| 9.63km | 42 | Charles | Granquist | Menn | M 45-49 | TEAM SPORTSMANDEN / DNB | Finished | 00:38:39 | 53 | 7 |
| 9.63km | 152 | Haakon | Solheim | Menn | M 45-49 | RUSTAD IL | Finished | 00:39:05 | 71 | 8 |
| 9.63km | 125 | Jo | Gaare | Menn | M 45-49 | TRONDHEIM | Finished | 00:40:17 | 91 | 9 |
| 9.63km | 75 | Are | Reistad | Menn | M 45-49 | KJELSÅS IL | Finished | 00:40:27 | 94 | 10 |
| 9.63km | 68 | Per Morten | Rennan | Menn | M 45-49 | BØLER IF FRIDRETT | Finished | 00:40:47 | 99 | 11 |
| 9.63km | 161 | Sigmund | Akselsen | Menn | M 45-49 | PRIVAT | Finished | 00:41:06 | 110 | 12 |
| 9.63km | 39 | Inge Henning | Fredagsvik | Menn | M 45-49 | TEAM COOP | Finished | 00:41:38 | 122 | 14 |
| 9.63km | 128 | Espen | Alfredsen | Menn | M 45-49 | PRIVAT | Finished | 00:41:40 | 124 | 13 |
| 9.63km | 123 | Jens Christian | Riege | Menn | M 45-49 | RUSTAD IL | Finished | 00:42:28 | 142 | 15 |
| 9.63km | 211 | Christoffer | Ladstein | Menn | M 45-49 | TEAM SPORTSMANDEN/SKILØF | Finished | 00:42:43 | 149 | 16 |
| 9.63km | 185 | Bjørn Tore | Aune | Menn | M 45-49 | IF FRØY | Finished | 00:42:47 | 152 | 17 |
| 9.63km | 331 | Skule | Solberg | Menn | M 45-49 | TEAM HULLET | Finished | 00:43:14 | 164 | 18 |
| 9.63km | 214 | Simen | Normann | Menn | M 45-49 | PRIVAT | Finished | 00:43:31 | 170 | 20 |
| 9.63km | 514 | Øyvind | Rise | Menn | M 45-49 | RØA IL | Finished | 00:43:32 | 171 | 19 |
| 9.63km | 366 | Knut | Brobakken | Menn | M 45-49 | FAGFORBUNDET | Finished | 00:43:38 | 175 | 21 |
| 9.63km | 349 | Per Kristian | Haug | Menn | M 45-49 | BÆKKELAGETS SPORTSKLUBB | Finished | 00:43:51 | 180 | 22 |
| 9.63km | 140 | Svein Erik | Salthe | Menn | M 45-49 | CANON | Finished | 00:44:08 | 188 | 23 |
| 9.63km | 364 | Tormod | Reiersen | Menn | M 45-49 | KOMMUNAL- OG MODERNISEF | Finished | 00:44:16 | 192 | 24 |
| 9.63km | 328 | Christian Kyrre | Beylich | Menn | M 45-49 | PRIVAT | Finished | 00:44:32 | 200 | 25 |
| 9.63km | 489 | Stig | Hemstad | Menn | M 45-49 | GE HEALTHCARE BIL | Finished | 00:44:34 | 201 | 26 |
| 9.63km | 314 | Torstein | Reistadbakk | Menn | M 45-49 | ASPLAN VIAK BIL | Finished | 00:44:53 | 209 | 30 |
| 9.63km | 471 | Vidar | Stavseth | Menn | M 45-49 | OBOS | Finished | 00:44:55 | 212 | 31 |
| 9.63km | 178 | Gunnar | Jonsson | Menn | M 45-49 | SKILØPERNE | Finished | 00:44:55 | 213 | 27 |
| 9.63km | 344 | Hans | Aarre | Menn | M 45-49 | NORSK HYDRO | Finished | 00:44:58 | 215 | 28 |
| 9.63km | 365 | Thomas | Svensen | Menn | M 45-49 | PRIVAT | Finished | 00:45:07 | 220 | 29 |
| 9.63km | 486 | Erik | Aakre | Menn | M 45-49 | FEM FYRER | Finished | 00:45:33 | 234 | 32 |
| 9.63km | 78 | Per Einar | Mosfjell | Menn | M 45-49 | OPII | Finished | 00:45:40 | 239 | 33 |
| 9.63km | 355 | Morgan | Adolfson | Menn | M 45-49 | SARPSBORG KOMMUNE | Finished | 00:46:03 | 251 | 34 |
| 9.63km | 494 | Even | Neeb | Menn | M 45-49 | PRIVAT | Finished | 00:46:49 | 274 | 36 |
| 9.63km | 304 | Alexander Scheen | Jensen | Menn | M 45-49 | SOLBERG & HANSEN | Finished | 00:47:02 | 281 | 35 |
| 9.63km | 86 | Hans Anders | Brastad | Menn | M 45-49 | PRIVAT | Finished | 00:47:17 | 292 | 37 |
| 9.63km | 11 | Morten T. | Vaagsbø | Menn | M 45-49 | SK RYE / TEAM MERIDA TRI | Finished | 00:47:21 | 295 | 38 |
| 9.63km | 881 | Morten | Bjørge | Menn | M 45-49 | SK RYE | Finished | 00:47:30 | 299 | 41 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|------------------|----------------|-------|---------|---------------------------|----------|----------|------------|-------------|
| 9.63km | 513 | Lasse | Finstad | Menn | M 45-49 | | Finished | 00:47:33 | 302 | 39 |
| 9.63km | 478 | Tor-Arne | Arnesen | Menn | M 45-49 | SKØYTEGUTTA | Finished | 00:47:42 | 307 | 40 |
| 9.63km | 815 | Robert | Schou | Menn | M 45-49 | PRIVAT | Finished | 00:48:39 | 330 | 42 |
| 9.63km | 498 | Øystein Gjessing | Karlsen | Menn | M 45-49 | HJELNESCONSULT | Finished | 00:49:49 | 351 | 43 |
| 9.63km | 816 | Geir Andre | Olsen | Menn | M 45-49 | STATNETT / DRIV IL | Finished | 00:49:58 | 354 | 44 |
| 9.63km | 877 | Geir | Andresen | Menn | M 45-49 | SKILØPERNE | Finished | 00:50:22 | 360 | 45 |
| 9.63km | 850 | Erik | Westnes | Menn | M 45-49 | SP.KL RYE | Finished | 00:50:52 | 370 | 47 |
| 9.63km | 741 | Tor-Gunnar | Lund | Menn | M 45-49 | CHRISTIAN BERNER BIL | Finished | 00:50:56 | 371 | 46 |
| 9.63km | 387 | Arve | Øverli | Menn | M 45-49 | UCO | Finished | 00:51:24 | 381 | 48 |
| 9.63km | 882 | Frode | Jørgensen | Menn | M 45-49 | TEAM FRODE | Finished | 00:51:24 | 382 | 49 |
| 9.63km | 723 | Snorre | Langdalen | Menn | M 45-49 | PRIVAT | Finished | 00:51:45 | 386 | 50 |
| 9.63km | 476 | Asgeir | Skaret | Menn | M 45-49 | TIRSDAGSLØPER | Finished | 00:52:03 | 392 | 51 |
| 9.63km | 391 | Marius | Godager | Menn | M 45-49 | LOMMEDALEN IL | Finished | 00:52:39 | 399 | 52 |
| 9.63km | 905 | Lars Vaggen | Kanedal | Menn | M 45-49 | TEAM OCR NORWAY | Finished | 00:52:57 | 403 | 53 |
| 9.63km | 714 | Terje Willy | Strøm | Menn | M 45-49 | SKULLERUD SPORTSSENTER | Finished | 00:54:11 | 426 | 54 |
| 9.63km | 829 | Stefan | Arfvedahl | Menn | M 45-49 | CHRISTIAN BERNER BIL | Finished | 00:54:13 | 427 | 55 |
| 9.63km | 725 | Hermod | Svingerud | Menn | M 45-49 | STATENS PENSJONSKASSE | Finished | 00:54:16 | 430 | 56 |
| 9.63km | 798 | John-Olav | Sæter | Menn | M 45-49 | PRIVAT | Finished | 00:54:26 | 433 | 57 |
| 9.63km | 858 | Anders | Hedlund | Menn | M 45-49 | MARIT BJØRGEN LØPEKLUBB | Finished | 00:56:34 | 452 | 58 |
| 9.63km | 1436 | Olav Torbjørn | Skare | Menn | M 45-49 | TEAM TOTENGATA | Finished | 00:59:18 | 479 | 59 |
| 9.63km | 1117 | Torsten | Gabrielsen | Menn | M 45-49 | TORSTEN GABRIELSEN | Finished | 00:59:50 | 482 | 60 |
| 9.63km | 1461 | Andrè | Haugan | Menn | M 45-49 | AIRSPED BIL | Finished | 01:00:22 | 484 | 61 |
| 9.63km | 1174 | Geir | Huus | Menn | M 45-49 | CHRISTIAN BERNER BIL | Finished | 01:01:28 | 490 | 62 |
| 9.63km | 1235 | Kai | Evjen | Menn | M 45-49 | KAI EVJEN | Finished | 01:01:51 | 492 | 63 |
| 9.63km | 1425 | Thore | Wilhelmsen | Menn | M 45-49 | PRIVAT | Finished | 01:02:40 | 494 | 64 |
| 9.63km | 1148 | Hovard | Brandtzæg | Menn | M 45-49 | G | Finished | 01:05:54 | 500 | 65 |
| 9.63km | 1189 | Svein | Gabrielsen | Menn | M 45-49 | PRIVAT | Finished | 01:06:06 | 502 | 66 |
| 9.63km | 1516 | Espen | Mjøen | Menn | M 45-49 | | Finished | 01:11:52 | 507 | 67 |
| 9.63km | 45 | Trond Inge | Carlsen | Menn | M 50-54 | RUSTAD IL | Finished | 00:38:53 | 64 | 1 |
| 9.63km | 170 | Lasse | Sørlund | Menn | M 50-54 | TEAM SPORTSMANDEN | Finished | 00:39:48 | 82 | 2 |
| 9.63km | 151 | Tim | Bennett | Menn | M 50-54 | SK VIDAR/ KONDIS | Finished | 00:40:02 | 86 | 3 |
| 9.63km | 31 | Hermann | Bruun | Menn | M 50-54 | BØLER IF FRIIDRETT | Finished | 00:40:06 | 88 | 4 |
| 9.63km | 51 | Roger | Eilertsen | Menn | M 50-54 | SK RYE | Finished | 00:40:54 | 102 | 5 |
| 9.63km | 192 | Jan Erik | Nilsen | Menn | M 50-54 | RUSTAD IL | Finished | 00:41:35 | 120 | 6 |
| 9.63km | 126 | Frode | Georgsen | Menn | M 50-54 | RÅDTASSENE | Finished | 00:42:08 | 133 | 7 |
| 9.63km | 177 | Arne Bent | Bjørge | Menn | M 50-54 | SPEEDYMAN 1 | Finished | 00:42:29 | 143 | 8 |
| 9.63km | 461 | Tor | Murvold | Menn | M 50-54 | RUSTAD IL | Finished | 00:42:30 | 144 | 9 |
| 9.63km | 493 | Lasse | Tønseth | Menn | M 50-54 | HOBIL | Finished | 00:42:47 | 153 | 10 |
| 9.63km | 124 | Hans-Jørgen | Lund | Menn | M 50-54 | SKILØPERNE | Finished | 00:43:01 | 158 | 11 |
| 9.63km | 181 | Bård | Wahl | Menn | M 50-54 | BJØRNDAL IF | Finished | 00:43:40 | 177 | 12 |
| 9.63km | 446 | Børre | Kopaas | Menn | M 50-54 | PRIVAT | Finished | 00:43:54 | 182 | 13 |
| 9.63km | 106 | Geirr Are | Blystad Larsen | Menn | M 50-54 | HAKADAL LFP | Finished | 00:45:02 | 217 | 14 |
| 9.63km | 134 | Roger Malvin | Hole | Menn | M 50-54 | VELLEDALEN IL | Finished | 00:45:13 | 223 | 15 |
| 9.63km | 452 | Ulf | Fjellidal | Menn | M 50-54 | RUSTAD IL | Finished | 00:45:56 | 249 | 16 |
| 9.63km | 773 | Henning | Lerud | Menn | M 50-54 | RAUFOSS IL | Finished | 00:46:07 | 252 | 17 |
| 9.63km | 453 | Agnar Øystein | Varsi | Menn | M 50-54 | SIRMA IL | Finished | 00:46:54 | 279 | 18 |
| 9.63km | 886 | Roy Cato | Einarsen | Menn | M 50-54 | GJELLERÅSEN IF | Finished | 00:47:14 | 289 | 19 |
| 9.63km | 213 | Martin | Bodd | Menn | M 50-54 | PRIVAT | Finished | 00:47:32 | 301 | 20 |
| 9.63km | 458 | Jon Terje | Holtan | Menn | M 50-54 | PRIVAT | Finished | 00:47:40 | 305 | 21 |
| 9.63km | 1212 | Jan Inge | Pettersen | Menn | M 50-54 | PRIVAT | Finished | 00:47:41 | 306 | 22 |
| 9.63km | 788 | Trym | Trymbo | Menn | M 50-54 | SKYTТА | Finished | 00:48:30 | 326 | 23 |
| 9.63km | 778 | Volker | Kluge | Menn | M 50-54 | PRIVAT | Finished | 00:48:38 | 329 | 24 |
| 9.63km | 779 | Terje | Løken | Menn | M 50-54 | SKATTEETATENS BIL | Finished | 00:49:28 | 343 | 26 |
| 9.63km | 481 | Stig | Arnesen | Menn | M 50-54 | PRIVAT | Finished | 00:49:33 | 346 | 25 |
| 9.63km | 326 | Gunnar | Berge | Menn | M 50-54 | RUSTAD IL | Finished | 00:50:03 | 357 | 27 |
| 9.63km | 709 | Tore | Melby | Menn | M 50-54 | SKOÆ | Finished | 00:51:28 | 383 | 28 |
| 9.63km | 712 | Kjell | Nystad | Menn | M 50-54 | RUSTAD IL | Finished | 00:51:39 | 385 | 29 |
| 9.63km | 91 | Bjørn | Sveum | Menn | M 50-54 | NORDIC SKI TEAM | Finished | 00:52:00 | 389 | 30 |
| 9.63km | 783 | Ragnar | Elverhøi | Menn | M 50-54 | PRIVAT | Finished | 00:52:02 | 391 | 31 |
| 9.63km | 824 | Morten | Bøås | Menn | M 50-54 | PRIVAT | Finished | 00:53:17 | 412 | 32 |
| 9.63km | 838 | Jan Petter | Svinø | Menn | M 50-54 | MATTILSYNET | Finished | 00:53:38 | 416 | 33 |
| 9.63km | 1191 | Tore | Ilseeng | Menn | M 50-54 | PRIVAT | Finished | 00:55:15 | 440 | 34 |
| 9.63km | 383 | Rune | Wie | Menn | M 50-54 | SK RYE | Finished | 00:55:24 | 442 | 35 |
| 9.63km | 802 | Frank Ståle | Myrmel | Menn | M 50-54 | NILSEN ELEKTRO PEC HORTEN | Finished | 00:56:09 | 449 | 36 |
| 9.63km | 1200 | Geir | Axelsen | Menn | M 50-54 | PRIVAT | Finished | 00:56:19 | 451 | 37 |
| 9.63km | 1211 | Thomas | Stangebye | Menn | M 50-54 | PRIVAT | Finished | 00:57:32 | 458 | 38 |
| 9.63km | 1223 | Torbjørn | Sandmæl | Menn | M 50-54 | POSTEN NORGE | Finished | 00:58:08 | 466 | 39 |
| 9.63km | 1199 | Per Ivar | Tønnessen | Menn | M 50-54 | PRIVAT | Finished | 00:58:50 | 474 | 40 |
| 9.63km | 800 | Kristian | Kaltenborn | Menn | M 50-54 | OPPEGÅRD IL | Finished | 01:00:12 | 483 | 41 |
| 9.63km | 1231 | Eirik | Pedersen | Menn | M 50-54 | PRIVAT | Finished | 01:00:39 | 486 | 42 |
| 9.63km | 420 | Jarle | Vikshåland | Menn | M 50-54 | PRIVAT | Finished | 01:02:18 | 493 | 43 |
| 9.63km | 1108 | Dimitry | Tsesmetsis | Menn | M 50-54 | R & D RACING TEAM | Finished | 01:03:22 | 495 | 44 |
| 9.63km | 1479 | Karl Johan | Tvedt | Menn | M 50-54 | KFUM KKAM, OSLO | Finished | 01:05:12 | 499 | 45 |
| 9.63km | 223 | Espen | Kristiansen | Menn | M 55-59 | RUSTAD IL | Finished | 00:38:11 | 49 | 1 |
| 9.63km | 59 | Trond Olav | Berg | Menn | M 55-59 | BØLER IF FRIIDRETT | Finished | 00:38:42 | 57 | 2 |
| 9.63km | 150 | Are | Aarebrot | Menn | M 55-59 | KJELSÅS | Finished | 00:40:18 | 92 | 3 |
| 9.63km | 511 | Ove | Pernes | Menn | M 55-59 | RUSTDA IL | Finished | 00:41:52 | 129 | 4 |
| 9.63km | 32 | Rune | Sørheim | Menn | M 55-59 | TELENOR BIL | Finished | 00:42:36 | 148 | 5 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|----------------|-----------------|-------|---------|--------------------------------|----------|----------|------------|-------------|
| 9.63km | 94 | Espen | Schram | Menn | M 55-59 | HR PROSJEKT AS | Finished | 00:42:58 | 156 | 6 |
| 9.63km | 507 | Knut | Vala | Menn | M 55-59 | RUSTAD IL | Finished | 00:44:04 | 186 | 7 |
| 9.63km | 485 | Hans | Hestengen | Menn | M 55-59 | RUSTAD IL | Finished | 00:44:17 | 193 | 8 |
| 9.63km | 95 | Torbjørn | Eika | Menn | M 55-59 | RØA IL / SSB IF | Finished | 00:44:47 | 207 | 9 |
| 9.63km | 348 | Einar | Fjøsne | Menn | M 55-59 | RUSTAD IL | Finished | 00:45:31 | 233 | 10 |
| 9.63km | 451 | Per Gunnar | Gulstuen | Menn | M 55-59 | OBOS | Finished | 00:46:01 | 250 | 12 |
| 9.63km | 447 | Torbjørn | Torbjørnsen | Menn | M 55-59 | PRIVAT | Finished | 00:46:10 | 254 | 11 |
| 9.63km | 339 | Svein | Harsem | Menn | M 55-59 | ØHIL | Finished | 00:46:10 | 255 | 13 |
| 9.63km | 860 | Henning | Grøndalen | Menn | M 55-59 | DNB | Finished | 00:46:36 | 269 | 14 |
| 9.63km | 412 | Rune | Bjerkås | Menn | M 55-59 | PRIVAT | Finished | 00:47:05 | 283 | 15 |
| 9.63km | 716 | Leif | Øverland | Menn | M 55-59 | RUSTAD IL | Finished | 00:47:17 | 293 | 17 |
| 9.63km | 353 | Reidar | Søbstad | Menn | M 55-59 | SK RYE | Finished | 00:47:31 | 300 | 16 |
| 9.63km | 898 | Oddvar | Hellan | Menn | M 55-59 | PRIVAT | Finished | 00:47:37 | 304 | 18 |
| 9.63km | 409 | Thor Inge | Tollehaug | Menn | M 55-59 | IF EIKER KVIKK / ASPLAN VIAK E | Finished | 00:48:53 | 332 | 19 |
| 9.63km | 906 | Bjørn | Engen | Menn | M 55-59 | SK RYE | Finished | 00:49:41 | 350 | 20 |
| 9.63km | 718 | Audun | Gulbrandsen | Menn | M 55-59 | TEAM LANGERUD | Finished | 00:50:04 | 358 | 21 |
| 9.63km | 1443 | Jan | Swensson | Menn | M 55-59 | PRIVAT | Finished | 00:50:17 | 359 | 22 |
| 9.63km | 1130 | Gunnar | Stavrum | Menn | M 55-59 | PRIVAT | Finished | 00:50:45 | 367 | 23 |
| 9.63km | 754 | Trond Einar | Nilsen | Menn | M 55-59 | PRIVAT | Finished | 00:52:24 | 394 | 24 |
| 9.63km | 414 | Per Øystein | Flatmo | Menn | M 55-59 | EVRY BIL | Finished | 00:53:03 | 407 | 25 |
| 9.63km | 727 | Per Steinar | Aasebø | Menn | M 55-59 | OBIL | Finished | 00:53:04 | 408 | 26 |
| 9.63km | 1505 | Hans | Haavind | Menn | M 55-59 | READY | Finished | 00:55:29 | 444 | 27 |
| 9.63km | 1220 | Bjørn | Holte | Menn | M 55-59 | BREVPOST IL | Finished | 00:55:53 | 448 | 28 |
| 9.63km | 1477 | Runar Ove | Moe | Menn | M 55-59 | BØLER IF FRIIDRETT | Finished | 01:17:40 | 512 | 29 |
| 9.63km | 168 | Bjørn E | Eide | Menn | M 60-64 | Ø.SLIDRE IL | Finished | 00:38:42 | 56 | 1 |
| 9.63km | 325 | Ola | Mellem | Menn | M 60-64 | TROMSDALEN FRIIDRETT | Finished | 00:44:18 | 194 | 2 |
| 9.63km | 216 | Christian | Prestegård | Menn | M 60-64 | IL FANARÅK/KONDIS | Finished | 00:45:49 | 243 | 3 |
| 9.63km | 502 | Per Magnus | Holt | Menn | M 60-64 | OPII | Finished | 00:46:25 | 264 | 4 |
| 9.63km | 441 | Martin | Halleron | Menn | M 60-64 | HOBIL | Finished | 00:50:30 | 364 | 5 |
| 9.63km | 1155 | Terje | Pettersen | Menn | M 60-64 | BØLER BANDY BOYS | Finished | 00:53:56 | 419 | 6 |
| 9.63km | 1434 | Halvor Høst | Heyerdahl | Menn | M 60-64 | PRIVAT | Finished | 00:55:38 | 445 | 7 |
| 9.63km | 1405 | Asbjørn | Strand | Menn | M 60-64 | INGEN | Finished | 00:57:06 | 455 | 8 |
| 9.63km | 1180 | Roger | Hem | Menn | M 60-64 | PRIVAT | Finished | 00:59:40 | 481 | 9 |
| 9.63km | 1498 | Roar | Haldorsen | Menn | M 60-64 | SVELVIK MARATHON SOCIETY | Finished | 01:14:09 | 509 | 10 |
| 9.63km | 377 | Svein Arne | Sølvberg | Menn | M 65-69 | OPPEGÅRD IL | Finished | 00:43:34 | 173 | 1 |
| 9.63km | 466 | Helge Jacob | Horn | Menn | M 65-69 | PRIVAT | Finished | 00:46:36 | 270 | 2 |
| 9.63km | 371 | Dag | Amundsen | Menn | M 65-69 | ULL KISA IL | Finished | 00:46:51 | 276 | 3 |
| 9.63km | 392 | Tore | Laugerud | Menn | M 65-69 | PRIVAT | Finished | 00:51:14 | 379 | 4 |
| 9.63km | 842 | Arne | Åsen | Menn | M 65-69 | PRIVAT | Finished | 00:53:04 | 409 | 5 |
| 9.63km | 1219 | Arne | Alfei Martinsen | Menn | M 65-69 | TEAM MARTINSEN | Finished | 00:58:57 | 475 | 6 |
| 9.63km | 1246 | John | Schandy | Menn | M 65-69 | SUPER LØPEREN DU ER BEST | Finished | 01:08:07 | 504 | 7 |
| 9.63km | 1483 | Kristian | Bjørnebråten | Menn | M 65-69 | SKI VGS | Finished | 01:14:43 | 510 | 8 |
| 9.63km | 1248 | Erling | Kielland | Menn | M 70-74 | PRIVAT | Finished | 00:55:10 | 438 | 1 |
| 9.63km | 1512 | Erling Joar | Fløttum | Menn | M 70-74 | SSB | Finished | 00:56:36 | 454 | 2 |
| 9.63km | 1186 | Trond Olav | Hoem | Menn | M 70-74 | PRIVAT | Finished | 00:57:51 | 461 | 3 |
| 9.63km | 1135 | Ola | Trøyflat | Menn | M 70-74 | NITTEDALJOGGEN | Finished | 01:00:51 | 488 | 4 |
| 9.63km | 1482 | Jan Fredrik | Myklebust | Menn | M 70-74 | SKI VGS | Finished | 01:14:55 | 511 | 5 |
| 9.63km | 1509 | Olav | Pettersen | Menn | M 70-74 | ROMERIKSLAGET | Finished | 01:26:36 | 515 | 6 |
| 9.63km | 499 | Kristian | Tandberg | Menn | M 23-34 | PRIVAT | DNF | | 0 | 0 |
| 9.63km | 911 | Torkel | Stene | Menn | M 45-49 | | DNF | | 0 | 0 |
| 9.63km | 900 | Harald | Kjølnner | Menn | M 23-34 | BEKK | DNF | | 0 | 0 |
| 9.63km | 1510 | Kristian Froyn | Lie | Menn | M 40-44 | SOCIETETEN | DNF | | 0 | 0 |
| 9.63km | 857 | Lasse | Pettesren | Menn | M 50-54 | RUSTAD IL | DNF | | 0 | 0 |
| 9.63km | 892 | Ketil | Stølen | Menn | M 55-59 | PRIVAT | DNF | | 0 | 0 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|-------------------|-----------------|---------|---------|------------------------|----------|----------|------------|-------------|
| 5km | 1648 | Venil Fluge | Fornes | Kvinner | K 12-13 | RUSTAD IL | Finished | 00:23:56 | 11 | 1 |
| 5km | 1837 | Aslaug | Stavrum | Kvinner | K 12-13 | | Finished | 00:24:51 | 14 | 2 |
| 5km | 1754 | Synne Fiva | Øiestad | Kvinner | K 12-13 | TYRVING IL | Finished | 00:25:25 | 16 | 3 |
| 5km | 1616 | Aurora Hafsaahl | Karlsen | Kvinner | K 12-13 | PRIVAT | Finished | 00:29:07 | 33 | 4 |
| 5km | 1605 | Heidi | Stenrud | Kvinner | K 12-13 | PRIVAT | Finished | 00:34:05 | 63 | 5 |
| 5km | 1692 | Pernille Karlsen | Antonsen | Kvinner | K 14-15 | SK VIDAR | Finished | 00:17:46 | 1 | 1 |
| 5km | 1819 | Tonje | Weum | Kvinner | K 14-15 | | Finished | 00:27:35 | 23 | 2 |
| 5km | 1679 | Stine | Rahbek Simonsen | Kvinner | K 14-15 | BORGEN IL | Finished | 00:32:09 | 50 | 3 |
| 5km | 1660 | Jenny | Kjøssveen | Kvinner | K 14-15 | PRIVAT | Finished | 00:33:07 | 57 | 4 |
| 5km | 1691 | Iselin Berg | Johansen | Kvinner | K 14-15 | BORGEN VESONG UNGDOMME | Finished | 00:33:32 | 60 | 5 |
| 5km | 1782 | Marie | Harstveit | Kvinner | K 16-17 | BØLER IF FRIIDRETT | Finished | 00:22:39 | 10 | 1 |
| 5km | 1617 | Maria Hafsaahl | Karlsen | Kvinner | K 16-17 | PRIVAT | Finished | 00:29:14 | 35 | 2 |
| 5km | 1750 | Hilde | Eide | Kvinner | K 20-22 | ØYSTRE SLIDRE IL | Finished | 00:20:07 | 6 | 1 |
| 5km | 1785 | Hanne Mette | Sande | Kvinner | K 23-34 | SK VIDAR | Finished | 00:18:16 | 2 | 1 |
| 5km | 1789 | Tonje | Gresslien | Kvinner | K 23-34 | SK VIDAR | Finished | 00:18:23 | 3 | 2 |
| 5km | 1651 | Ley | Muller | Kvinner | K 23-34 | SK VIDAR | Finished | 00:18:43 | 4 | 3 |
| 5km | 1742 | Gloria | Vinstedt | Kvinner | K 23-34 | PRIVAT | Finished | 00:19:21 | 5 | 4 |
| 5km | 1618 | Christina Natalie | Lunde | Kvinner | K 23-34 | PRIVAT | Finished | 00:24:22 | 12 | 5 |
| 5km | 1636 | Hege | Danielsen | Kvinner | K 23-34 | PRIVAT | Finished | 00:25:24 | 15 | 6 |
| 5km | 1667 | Rannveig | Nitter | Kvinner | K 23-34 | PRIVAT | Finished | 00:25:42 | 17 | 7 |
| 5km | 1832 | Guro Halja | Bakken | Kvinner | K 23-34 | KJEKKAS IF | Finished | 00:26:03 | 19 | 8 |
| 5km | 1488 | Helene | Blekastad | Kvinner | K 23-34 | PRIVAT | Finished | 00:28:00 | 26 | 9 |
| 5km | 1655 | Mari | Askautrud | Kvinner | K 23-34 | PRIVAT | Finished | 00:28:24 | 27 | 10 |
| 5km | 1654 | Kathrine | Lunder | Kvinner | K 23-34 | PRIVAT | Finished | 00:28:31 | 28 | 11 |
| 5km | 1631 | Helene | Back | Kvinner | K 23-34 | | Finished | 00:28:39 | 29 | 12 |
| 5km | 1786 | Ragnhild | Byrkjeland | Kvinner | K 23-34 | PRIVAT | Finished | 00:29:02 | 32 | 13 |
| 5km | 1757 | Malin | Haug | Kvinner | K 23-34 | PRIVAT | Finished | 00:29:12 | 34 | 14 |
| 5km | 1788 | Christine | Frogner | Kvinner | K 23-34 | PRIVAT | Finished | 00:29:27 | 37 | 15 |
| 5km | 1646 | Sally Lou | Oyao | Kvinner | K 23-34 | PRIVAT | Finished | 00:30:47 | 44 | 16 |
| 5km | 1851 | Vibeke | Hagen | Kvinner | K 23-34 | | Finished | 00:31:35 | 47 | 17 |
| 5km | 1734 | Berit | Dromnes | Kvinner | K 23-34 | PRIVAT | Finished | 00:32:20 | 52 | 18 |
| 5km | 1761 | Maylen | Østby | Kvinner | K 23-34 | PRIVAT | Finished | 00:35:04 | 66 | 19 |
| 5km | 1601 | Kristine | Frydenlund | Kvinner | K 23-34 | PRIVAT | Finished | 00:37:16 | 74 | 20 |
| 5km | 1634 | Thea-Charlotte | Solem | Kvinner | K 23-34 | SALTEN IL | Finished | 00:37:56 | 76 | 21 |
| 5km | 1635 | Torunn | Alfredsen | Kvinner | K 23-34 | SALTEN IL | Finished | 00:37:57 | 77 | 22 |
| 5km | 1739 | Catherine | Sagaute | Kvinner | K 23-34 | TROLLS | Finished | 00:37:57 | 78 | 23 |
| 5km | 1759 | Martine | Rieck | Kvinner | K 23-34 | TROLLS | Finished | 00:38:43 | 79 | 24 |
| 5km | 1677 | Ane Nordin | Løvå | Kvinner | K 23-34 | TEAM BJØRKNES | Finished | 00:39:17 | 81 | 25 |
| 5km | 1602 | Dalia | Santana Mendez | Kvinner | K 35-39 | PRIVAT | Finished | 00:22:27 | 9 | 1 |
| 5km | 1836 | Sara | Haga | Kvinner | K 35-39 | SK VIDAR | Finished | 00:24:29 | 13 | 2 |
| 5km | 1675 | Mona | Morland | Kvinner | K 35-39 | PRIVAT | Finished | 00:25:49 | 18 | 3 |
| 5km | 1748 | Cathrine | Bakkeli | Kvinner | K 35-39 | PRIVAT | Finished | 00:27:40 | 24 | 4 |
| 5km | 1744 | Irene | Walseth | Kvinner | K 35-39 | PRIVAT | Finished | 00:28:54 | 30 | 5 |
| 5km | 1652 | Åsne Skjelbred | Refsdal | Kvinner | K 35-39 | PRIVAT | Finished | 00:28:55 | 31 | 6 |
| 5km | 1629 | Marit Aamold | Sundby | Kvinner | K 35-39 | HOLA | Finished | 00:29:22 | 36 | 7 |
| 5km | 1688 | Randi Flagstad | Bøen | Kvinner | K 35-39 | PRIVAT | Finished | 00:30:17 | 42 | 8 |
| 5km | 1673 | Maria | Jensen | Kvinner | K 35-39 | PRIVAT | Finished | 00:30:35 | 43 | 9 |
| 5km | 1735 | May | Lånke | Kvinner | K 35-39 | PRIVAT | Finished | 00:31:02 | 45 | 10 |
| 5km | 1628 | Marit | Spone | Kvinner | K 35-39 | HOLA | Finished | 00:31:13 | 46 | 11 |
| 5km | 1632 | Trine | Jensen Gjertsen | Kvinner | K 35-39 | PRIVAT | Finished | 00:33:09 | 58 | 12 |
| 5km | 1670 | Linda-Marie | Holme | Kvinner | K 35-39 | PRIVAT | Finished | 00:33:30 | 59 | 13 |
| 5km | 1612 | Cathrine | Lunga | Kvinner | K 35-39 | PRIVAT | Finished | 00:33:34 | 61 | 14 |
| 5km | 1487 | Kristin | Blekastad | Kvinner | K 35-39 | PRIVAT | Finished | 00:37:02 | 72 | 15 |
| 5km | 1608 | Annemarte | Langerud | Kvinner | K 35-39 | PRIVAT | Finished | 00:37:03 | 73 | 16 |
| 5km | 1625 | Toril | Skogsrud | Kvinner | K 35-39 | PRIVAT | Finished | 00:38:45 | 80 | 17 |
| 5km | 1753 | Britt Elin | Øiestad | Kvinner | K 40-44 | RØA IL | Finished | 00:20:22 | 7 | 1 |
| 5km | 1798 | Ann | Johnsen | Kvinner | K 40-44 | BØLER IF FRIIDRETT | Finished | 00:21:48 | 8 | 2 |
| 5km | 1154 | Helle | Gjedebo | Kvinner | K 40-44 | | Finished | 00:26:34 | 20 | 3 |
| 5km | 1683 | Marianne | Lyngra | Kvinner | K 40-44 | PRIVAT | Finished | 00:26:39 | 21 | 4 |
| 5km | 1621 | Anne Marte | Løvbrøtte | Kvinner | K 40-44 | PRIVAT | Finished | 00:31:58 | 48 | 5 |
| 5km | 1657 | Kristin | Ryan | Kvinner | K 40-44 | BØLER FOTBALL | Finished | 00:32:00 | 49 | 6 |
| 5km | 1781 | Monica | Holth | Kvinner | K 40-44 | PRIVAT | Finished | 00:32:11 | 51 | 7 |
| 5km | 1672 | Lise | H.Grøndalen | Kvinner | K 40-44 | PRIVAT | Finished | 00:32:32 | 53 | 9 |
| 5km | 1611 | Karin | Regstad | Kvinner | K 40-44 | PRIVAT | Finished | 00:32:37 | 54 | 8 |
| 5km | 1633 | Monika | Mazik-Berg | Kvinner | K 40-44 | AHUS | Finished | 00:32:49 | 55 | 10 |
| 5km | 1758 | Hilde Widerøe | Wibe | Kvinner | K 40-44 | PRIVAT | Finished | 00:33:02 | 56 | 11 |
| 5km | 1604 | Lina | Snoek | Kvinner | K 40-44 | PRIVAT | Finished | 00:34:04 | 62 | 13 |
| 5km | 1826 | Sidsel | Høland Olausson | Kvinner | K 40-44 | | Finished | 00:34:09 | 64 | 12 |
| 5km | 1809 | Frøydis | Fisdal | Kvinner | K 40-44 | | Finished | 00:36:03 | 68 | 14 |
| 5km | 1671 | Charman | Garibaldi | Kvinner | K 40-44 | PRIVAT | Finished | 00:36:24 | 70 | 16 |
| 5km | 1749 | Valborg | Jørgensen | Kvinner | K 40-44 | PRIVAT | Finished | 00:36:24 | 71 | 15 |
| 5km | 1743 | Vigdis | Kristiansen | Kvinner | K 40-44 | PRIVAT | Finished | 00:37:20 | 75 | 17 |
| 5km | 1784 | Siri | Hildonen | Kvinner | K 45-49 | HASLE LØREN IL | Finished | 00:27:50 | 25 | 1 |
| 5km | 1676 | Kari Merete | Arfvedahl | Kvinner | K 45-49 | CHRISTIAN BERNER BIL | Finished | 00:30:13 | 41 | 2 |
| 5km | 1828 | Jorunn | Hage | Kvinner | K 45-49 | PRIVAT | Finished | 00:34:38 | 65 | 3 |
| 5km | 1658 | Therese | Dahl | Kvinner | K 45-49 | PRIVAT | Finished | 00:36:06 | 69 | 4 |
| 5km | 1827 | Pia-Marie | Lund | Kvinner | K 50-54 | PRIVAT | Finished | 00:29:52 | 38 | 1 |
| 5km | 1630 | Bente | Hasselstrøm | Kvinner | K 50-54 | PRIVAT | Finished | 00:30:06 | 40 | 2 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|--------------------------|------------------|---------|---------|-----------------------------|----------|----------|------------|-------------|
| 5km | 1664 | Unn H. | Høydahl | Kvinner | K 50-54 | SSB | Finished | 00:35:34 | 67 | 3 |
| 5km | 1619 | Anne Margot | Riis | Kvinner | K 55-59 | TEAM NONSTOP | Finished | 00:30:00 | 39 | 1 |
| 5km | 1624 | Magnhild | Johnsrud | Kvinner | K 55-59 | PRIVAT | Finished | 00:41:30 | 82 | 2 |
| 5km | 1733 | Lillian | Nyborg | Kvinner | K 60-64 | PRIVAT | Finished | 00:26:42 | 22 | 1 |
| 5km | 1807 | Turid | Nygård | Kvinner | K 80-84 | | Finished | 00:43:36 | 83 | 1 |
| 5km | 1834 | Sander Dybwad | Mathiesen | Menn | M 12-13 | SPORTSKLUBBEN VIDAR | Finished | 00:19:03 | 6 | 1 |
| 5km | 1803 | Vetle | Kjørstad | Menn | M 12-13 | RUSTAD | Finished | 00:19:40 | 15 | 2 |
| 5km | 1666 | Carl August | Jensehaugen | Menn | M 12-13 | RØA IL | Finished | 00:20:38 | 19 | 3 |
| 5km | 1805 | Trym | Bull-Njaa | Menn | M 12-13 | RUSTAD | Finished | 00:20:53 | 22 | 4 |
| 5km | 1810 | Mathias | Hisdal | Menn | M 12-13 | | Finished | 00:22:28 | 24 | 5 |
| 5km | 1838 | Oliver | Huus | Menn | M 12-13 | | Finished | 00:24:06 | 26 | 6 |
| 5km | 1760 | Christoffer | Lindstad | Menn | M 12-13 | PRIVAT | Finished | 00:24:41 | 29 | 7 |
| 5km | 1653 | Jacob Bolin | Lund | Menn | M 12-13 | SKI IL FRIIDRETT | Finished | 00:28:25 | 43 | 8 |
| 5km | 1638 | Eirik | Vigtel | Menn | M 12-13 | IL HEMING | Finished | 00:28:46 | 44 | 9 |
| 5km | 1647 | Anton | Grønning | Menn | M 12-13 | PRIVAT | Finished | 00:30:17 | 49 | 10 |
| 5km | 1690 | John Petter | Granlund | Menn | M 14-15 | INGEN | Finished | 00:25:37 | 34 | 1 |
| 5km | 1689 | Simen | Trymbo | Menn | M 14-15 | SKYTТА | Finished | 00:29:59 | 47 | 2 |
| 5km | 1662 | Sivert | Eggen | Menn | M 16-17 | BØLER IF FRIIDRETT | Finished | 00:16:59 | 2 | 1 |
| 5km | 1637 | Markus | Olsson | Menn | M 16-17 | RUSTAD IL | Finished | 00:19:30 | 13 | 2 |
| 5km | 1613 | Eskild André | Aalerud | Menn | M 18-19 | PRIVAT | Finished | 00:25:18 | 32 | 1 |
| 5km | 1790 | Gustav | Vasdal | Menn | M 23-34 | OSLOSTUDENTENES IK - FRIIDR | Finished | 00:17:45 | 4 | 1 |
| 5km | 1746 | Fredrik Camiló | Halsbog | Menn | M 23-34 | SPORTSKLUBBEN VIDAR | Finished | 00:18:12 | 5 | 2 |
| 5km | 1752 | Jon | Fiva | Menn | M 35-39 | TYRVING IL | Finished | 00:16:38 | 1 | 1 |
| 5km | 1684 | Leif-Andre | Trøhaugen | Menn | M 35-39 | BØLER IF FRIIDRETT | Finished | 00:17:10 | 3 | 2 |
| 5km | 1787 | Vemund Svanes | Bertelsen | Menn | M 35-39 | RUSTAD IL | Finished | 00:19:18 | 11 | 3 |
| 5km | 1820 | Morgan | Doknæs | Menn | M 35-39 | BULL SKI & KAJAKK/BÆKKELAG | Finished | 00:20:19 | 17 | 4 |
| 5km | 1812 | Morten | Munch-Olsen | Menn | M 35-39 | | Finished | 00:38:35 | 55 | 5 |
| 5km | 1745 | Eirik | Ottesen | Menn | M 40-44 | SK VIDAR | Finished | 00:19:03 | 7 | 1 |
| 5km | 1830 | Tero Markus | Paivarinne | Menn | M 40-44 | SK VIDAR | Finished | 00:19:26 | 12 | 2 |
| 5km | 1661 | Matthew | Jerrard | Menn | M 40-44 | SPORTSKLUBBEN VIDAR | Finished | 00:19:32 | 14 | 3 |
| 5km | 1665 | Espen | Jensehaugen | Menn | M 40-44 | RØA IL, TRIATHLON | Finished | 00:20:30 | 18 | 4 |
| 5km | 1824 | Christian | Eckhoff | Menn | M 40-44 | BÆKKELAGET | Finished | 00:24:56 | 36 | 5 |
| 5km | 1669 | Reidar | Brinch | Menn | M 40-44 | PRIVAT | Finished | 00:26:15 | 36 | 5 |
| 5km | 1678 | Mikkel Viggo | Kleefeld | Menn | M 40-44 | | Finished | 00:27:37 | 41 | 6 |
| 5km | 1736 | Anders | Thorud | Menn | M 40-44 | OBOS | Finished | 00:29:00 | 45 | 7 |
| 5km | 1656 | Per Jostein | Ringsby | Menn | M 40-44 | PRIVAT | Finished | 00:29:47 | 46 | 8 |
| 5km | 1799 | Petter | Granlund | Menn | M 40-44 | | Finished | 00:32:00 | 51 | 9 |
| 5km | 1747 | Frode | Semb | Menn | M 45-49 | APRIMO RÅDGIVNING | Finished | 00:20:47 | 21 | 1 |
| 5km | 1686 | Jan Håkon | Tvervaag | Menn | M 45-49 | PRIVAT | Finished | 00:24:25 | 28 | 2 |
| 5km | 1740 | Terje | Haustris | Menn | M 45-49 | SKANSKA AKTIV | Finished | 00:24:58 | 30 | 3 |
| 5km | 1815 | Trond | Haugen | Menn | M 45-49 | RUSTAD IL | Finished | 00:25:24 | 33 | 4 |
| 5km | 1643 | Lars | Lundby | Menn | M 45-49 | MATTILSYNET | Finished | 00:40:30 | 56 | 5 |
| 5km | 1623 | Sturle | Brustad | Menn | M 50-54 | FULL FART | Finished | 00:19:04 | 8 | 1 |
| 5km | 1821 | Arne | Gilberg | Menn | M 50-54 | SK VIDAR | Finished | 00:19:06 | 9 | 2 |
| 5km | 1852 | Runar | Gilberg | Menn | M 50-54 | SK VIDAR | Finished | 00:19:14 | 10 | 3 |
| 5km | 1659 | Halvor | Løken | Menn | M 50-54 | PRIVAT | Finished | 00:27:13 | 39 | 4 |
| 5km | 1609 | Kjartan | Haraldsen | Menn | M 50-54 | VG RUNNERS | Finished | 00:27:28 | 40 | 5 |
| 5km | 1615 | Stanislaw | Piwowarczyk | Menn | M 55-59 | VEIDEKKE INDUSTRI | Finished | 00:21:11 | 23 | 1 |
| 5km | 1640 | Jon Erik | Arnesen | Menn | M 55-59 | NORDEA | Finished | 00:24:09 | 27 | 2 |
| 5km | 1682 | Erland | Nærby | Menn | M 55-59 | PRIVAT | Finished | 00:26:21 | 37 | 4 |
| 5km | 1663 | Trond Kjetil Knapp | Haraldsen | Menn | M 55-59 | ÅS IL | Finished | 00:26:23 | 38 | 3 |
| 5km | 1835 | Geir | Lillekleiv | Menn | M 60-64 | | Finished | 00:20:05 | 16 | 1 |
| 5km | 1783 | Jan | Monsrud | Menn | M 60-64 | SSB KONGSVINGER | Finished | 00:20:40 | 20 | 2 |
| 5km | 1645 | Erik Frede | Jørgensen | Menn | M 60-64 | PRIVAT | Finished | 00:30:47 | 50 | 3 |
| 5km | 1650 | Rolf | Meek | Menn | M 65-69 | ROMERIKE FRIIDRETT | Finished | 00:23:32 | 25 | 1 |
| 5km | 1741 | Ulf Tygve | Tollefsen | Menn | M 65-69 | PRIVAT | Finished | 00:25:49 | 35 | 2 |
| 5km | 1622 | Sven | Gullichsen | Menn | M 65-69 | PRIVAT | Finished | 00:30:09 | 48 | 3 |
| 5km | 1817 | Magne | Mjærum | Menn | M 65-69 | | Finished | 00:33:36 | 53 | 4 |
| 5km | 1806 | Botolf | Myrvold | Menn | M 70-74 | | Finished | 00:25:13 | 31 | 1 |
| 5km | 1833 | Willy | Bjørndal | Menn | M 70-74 | SK VIDAR | Finished | 00:28:00 | 42 | 2 |
| 5km | 1685 | Olav | Refsdal | Menn | M 70-74 | PRIVAT | Finished | 00:32:19 | 52 | 3 |
| 5km | 1680 | Ketil | Moen | Menn | M 80-84 | KOLL | Finished | 00:35:25 | 54 | 1 |
| 5km Barn | 1768 | Iver | Skotheim | Gutter | G 07-11 | RUSTAD IL | Finished | 00:25:46 | 1 | 1 |
| 5km Barn | 1801 | Carly | Berg | Kvinner | K 07-11 | | Finished | 00:34:10 | 22 | 21 |
| 5km Barn | 1780 | Elina | Juvel Kantanen | Kvinner | K 07-11 | PRIVAT | Finished | 00:29:54 | 14 | 14 |
| 5km Barn | 1775 | Ella | Elde Paulsen | Kvinner | K 07-11 | PRIVAT | Finished | 00:29:54 | 15 | 15 |
| 5km Barn | 1831 | Ellinor | Fossheim Solberg | Kvinner | K 07-11 | | Finished | 00:21:59 | 1 | 1 |
| 5km Barn | 1777 | Gabriela | Odegard | Kvinner | K 07-11 | RUSTAD IL | Finished | 00:26:44 | 5 | 5 |
| 5km Barn | 1800 | Hannah Sofie | Granlund | Kvinner | K 07-11 | | Finished | 00:32:10 | 17 | 17 |
| 5km Barn | 1715 | Iben Ryan | Ringsby | Kvinner | K 07-11 | RUSTAD IL | Finished | 00:32:00 | 16 | 16 |
| 5km Barn | 1766 | Ingrid | Johansen-Barli | Kvinner | K 07-11 | RUSTAD IL | Finished | 00:24:41 | 3 | 3 |
| 5km Barn | 1706 | Jenny Hoel | Sandsdalen | Kvinner | K 07-11 | RUSTAD IL | Finished | 00:27:02 | 7 | 7 |
| 5km Barn | 1701 | Lina | Regstad | Kvinner | K 07-11 | PRIVAT | Finished | 00:32:36 | 19 | 19 |
| 5km Barn | 1776 | Madeleine Isabelle Bakke | Götz | Kvinner | K 07-11 | PRIVAT | Finished | 00:27:23 | 8 | 8 |
| 5km Barn | 1723 | Maja Nordin | Løvå | Kvinner | K 07-11 | PRIVAT | Finished | 00:39:03 | 25 | 25 |
| 5km Barn | 1694 | Maria | Stenrud | Kvinner | K 07-11 | PRIVAT | Finished | 00:34:05 | 21 | 22 |

| Distanse | Stnr | Fornavn | Etternavn | Kjønn | Klasse | Klubb | Status | Tid | PlassKjønn | PlassKlasse |
|----------|------|--------------------|---------------------|---------|---------|-----------------------------|----------|----------|------------|-------------|
| 5km Barn | 1719 | Marte | Spone Solberg | Kvinner | K 07-11 | HOLA | Finished | 00:27:57 | 9 | 9 |
| 5km Barn | 1792 | Marte | Holth | Kvinner | K 07-11 | PRIVAT | Finished | 00:32:11 | 18 | 18 |
| 5km Barn | 1730 | Mathea | Barland | Kvinner | K 07-11 | RUSTAD IL | Finished | 00:24:00 | 2 | 2 |
| 5km Barn | 1709 | Mia | Ilse | Kvinner | K 07-11 | TRASOPGRENDA IL | Finished | 00:33:15 | 20 | 20 |
| 5km Barn | 1808 | Mia | Hisdal | Kvinner | K 07-11 | HISDALS | Finished | 00:35:53 | 24 | 24 |
| 5km Barn | 1794 | Miriam | Joryd | Kvinner | K 07-11 | RUSTAD LANGRENN | Finished | 00:26:48 | 6 | 6 |
| 5km Barn | 1697 | Natalie | Holmgren | Kvinner | K 07-11 | LÖRENSKOG | Finished | 00:29:05 | 13 | 13 |
| 5km Barn | 1762 | Oda Charlotte | Tretli | Kvinner | K 07-11 | RUSTAD IL | Finished | 00:26:40 | 4 | 4 |
| 5km Barn | 1707 | Olivia | Vigtel | Kvinner | K 07-11 | BØLER IF FRIIDRETT | Finished | 00:28:46 | 11 | 11 |
| 5km Barn | 1822 | Signe | Blomfeldt | Kvinner | K 07-11 | RUSTAD IL | Finished | 00:28:39 | 10 | 10 |
| 5km Barn | 1698 | Sofie Solheim | Undeberget | Kvinner | K 07-11 | RUSTAD IL | Finished | 00:28:51 | 12 | 12 |
| 5km Barn | 1779 | Synne Syversen | Gihle | Kvinner | K 07-11 | RUSTAD IL OG OPPSAL ORIENTI | Finished | 00:34:25 | 23 | 23 |
| 5km Barn | 1772 | Adrian | Sandholtbråten | Menn | M 07-11 | BØLER IF FRIIDRETT | Finished | 00:23:26 | 9 | 9 |
| 5km Barn | 1710 | Anders | Hvidsten | Menn | M 07-11 | RUSTAD IL | Finished | 00:28:31 | 30 | 30 |
| 5km Barn | 1724 | Ask | Kleefeld | Menn | M 07-11 | PRIVAT | Finished | 00:27:36 | 27 | 27 |
| 5km Barn | 1708 | Balder | Meland | Menn | M 07-11 | OPPSAL SKI | Finished | 00:22:56 | 7 | 7 |
| 5km Barn | 1764 | Christoffer | Ånensen | Menn | M 07-11 | OPPSAL | Finished | 00:24:51 | 18 | 19 |
| 5km Barn | 1765 | Eirik | Skotte-Haugerud | Menn | M 07-11 | RUSTAD IL | Finished | 00:24:21 | 14 | 14 |
| 5km Barn | 1769 | Emil August | Longva | Menn | M 07-11 | RUSTAD IL | Finished | 00:23:12 | 8 | 8 |
| 5km Barn | 1711 | Endre Refsdal | Bøhm | Menn | M 07-11 | PRIVAT | Finished | 00:32:10 | 39 | 39 |
| 5km Barn | 1718 | Eskil | Olaussen | Menn | M 07-11 | RUSTAD IL | Finished | 00:41:10 | 47 | 47 |
| 5km Barn | 1695 | Haakon Andreas | Kildal | Menn | M 07-11 | RUSTAD IL | Finished | 00:30:49 | 34 | 36 |
| 5km Barn | 1818 | Harald | Blomsnes | Menn | M 07-11 | RUSTAD IL | Finished | 00:27:16 | 26 | 26 |
| 5km Barn | 1797 | Herman | Hemstad | Menn | M 07-11 | SKEDSMO SKIKLUBB | Finished | 01:35:18 | 48 | 48 |
| 5km Barn | 1811 | Jacom | Ahmed | Menn | M 07-11 | RUSTAD IL | Finished | 00:35:36 | 42 | 42 |
| 5km Barn | 1720 | Jesper | Spone Solberg | Menn | M 07-11 | HOLA | Finished | 00:30:56 | 36 | 35 |
| 5km Barn | 1825 | Joachim | Eckhoff | Menn | M 07-11 | BÆKKELAGET | Finished | 00:24:36 | 16 | 16 |
| 5km Barn | 1770 | Jonas | Nordviken | Menn | M 07-11 | BØLER IF FRIIDRETT | Finished | 00:25:01 | 21 | 20 |
| 5km Barn | 1793 | Jonas K. | Riise | Menn | M 07-11 | RUSTAD IL LANGRENN | Finished | 00:29:06 | 31 | 31 |
| 5km Barn | 1816 | Konrad | Haugen | Menn | M 07-11 | RUSTAD IL | Finished | 00:23:42 | 10 | 10 |
| 5km Barn | 1727 | Kyrre | Refsdal | Menn | M 07-11 | PRIVAT | Finished | 00:30:50 | 35 | 33 |
| 5km Barn | 1791 | Linus Eggen | Vinge | Menn | M 07-11 | RUSTAD IL | Finished | 00:30:48 | 33 | 34 |
| 5km Barn | 1712 | Ludvig Bolin | Lund | Menn | M 07-11 | LANGHUS IL | Finished | 00:28:25 | 29 | 29 |
| 5km Barn | 1763 | Magnus | Haustris | Menn | M 07-11 | RUSTAD IL | Finished | 00:23:48 | 11 | 11 |
| 5km Barn | 1795 | Marius | Hildonen Madsen | Menn | M 07-11 | RUSTAD IL | Finished | 00:27:47 | 28 | 28 |
| 5km Barn | 1713 | Marius Khalayli | Nordby | Menn | M 07-11 | RUSTAD IL | Finished | 00:35:56 | 43 | 43 |
| 5km Barn | 1722 | Markus | Arfvedahl | Menn | M 07-11 | RUSTAD IL | Finished | 00:24:57 | 19 | 18 |
| 5km Barn | 1771 | Markus | Nordviken | Menn | M 07-11 | BØLER IF FRIIDRETT | Finished | 00:25:01 | 20 | 21 |
| 5km Barn | 1728 | Martin | Sørli | Menn | M 07-11 | PRIVAT | Finished | 00:26:03 | 24 | 24 |
| 5km Barn | 1774 | Mathias Steen | Vissmark | Menn | M 07-11 | RUSTAD IL | Finished | 00:35:29 | 41 | 41 |
| 5km Barn | 1714 | Mikkel Ryan | Ringsby | Menn | M 07-11 | RUSTAD IL | Finished | 00:21:46 | 1 | 1 |
| 5km Barn | 1704 | Morten | Rolfheim-Bye | Menn | M 07-11 | RUSTAD IL | Finished | 00:31:06 | 37 | 37 |
| 5km Barn | 1823 | Nichlae | Eckhoff | Menn | M 07-11 | BÆKKELAGET | Finished | 00:24:49 | 17 | 17 |
| 5km Barn | 1729 | Ola | Frantzen Holte | Menn | M 07-11 | HASLE LØREN IL | Finished | 00:26:02 | 23 | 23 |
| 5km Barn | 1696 | Olav Adelsten | Kildal | Menn | M 07-11 | RUSTAD IL | Finished | 00:32:34 | 40 | 40 |
| 5km Barn | 1699 | Olav Solheim | Undeberget | Menn | M 07-11 | RUSTAD IL | Finished | 00:25:46 | 22 | 22 |
| 5km Barn | 1829 | Peter V.D. | Ivan | Menn | M 07-11 | RUSTAD LANGRENN | Finished | 00:24:33 | 15 | 15 |
| 5km Barn | 1726 | Sander Amrud | Pedersen | Menn | M 07-11 | RUSTAD IL | Finished | 00:22:46 | 6 | 6 |
| 5km Barn | 1705 | Sigmund Le | Fjeld | Menn | M 07-11 | TYRVING | Finished | 00:22:23 | 4 | 4 |
| 5km Barn | 1814 | Simen | Skeide | Menn | M 07-11 | RUSTAD IL | Finished | 00:22:19 | 3 | 3 |
| 5km Barn | 1813 | Simen | Munch-Olsen | Menn | M 07-11 | | Finished | 00:38:33 | 45 | 45 |
| 5km Barn | 1693 | Sivert | Jørgensen | Menn | M 07-11 | PRIVAT | Finished | 00:39:18 | 46 | 46 |
| 5km Barn | 1804 | Snorre | Bul-Njaa | Menn | M 07-11 | RUSTAD | Finished | 00:22:28 | 5 | 5 |
| 5km Barn | 1717 | Sondre | Olaussen | Menn | M 07-11 | RUSTAD IL | Finished | 00:22:09 | 2 | 2 |
| 5km Barn | 1721 | Sondre | Arfvedahl | Menn | M 07-11 | RUSTAD IL | Finished | 00:30:12 | 32 | 32 |
| 5km Barn | 1796 | Theodor Haugberg | Rennan | Menn | M 07-11 | PRIVAT | Finished | 00:26:13 | 25 | 25 |
| 5km Barn | 1700 | Truls | Lutnæs | Menn | M 07-11 | RUSTAD IL | Finished | 00:23:49 | 12 | 12 |
| 5km Barn | 1802 | Trym | Gjeddebo-Skarpeteig | Menn | M 07-11 | RUSTAD | Finished | 00:23:53 | 13 | 13 |
| 5km Barn | 1767 | Victor Kristiansen | Michelsen | Menn | M 07-11 | OSLO BRYTEKLUBB | Finished | 00:37:19 | 44 | 44 |
| 5km Barn | 1773 | Viktor | Rokne | Menn | M 07-11 | BØLER IF FRIIDRETT | Finished | 00:31:50 | 38 | 38 |